



TULLOW PARISH CARRICKMINES NEWSLETTER

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MARCH 2022

In this month's newsletter:

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 - African Gospel Choir
 - Spring Fair
 - Sustainability Group - returning to normality
 - Easter General Vestry
 - Get Walking in Wicklow
 - Parish Organisations
 - Old Carrickmines Post Office
 -and much more
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The Rector Writes

The recent recommendation to government by Dr . Tony Holohan to end mandatory Covid-19 measures has been widely reported in the media.

It has also been enthusiastically welcomed by many who have hailed it as the end of Covid-19.

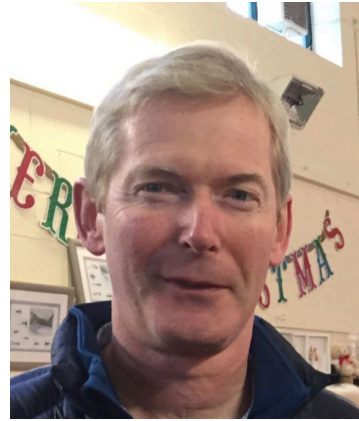
Unfortunately, that is not true. What has failed to be properly reported in media headlines is that Covid-19 is still very much with us and will continue to be a serious infection to a sizeable cohort of vulnerable people. And whilst Dr. Holohan has recommended the ending of mandatory measures, he has insisted that such measures will continue to be 'advisory' and will remain strongly urged and recommended in certain settings where people come together – especially indoors. He has also repeatedly stated that compliance with these health measures is to protect others rather than oneself.

Such an indoor setting is our Church building.

And it has been encouraging to see people once again returning to, and engaging in, our Church Services. It is therefore important that we continue to adhere to advised Covid-19 measures in order to keep this space as safe as possible – even for those who may be vulnerable.

Coffee after Church has now also resumed, but it is recommended that those who feel vulnerable should continue to avoid attending as, for instance, mask wearing is not possible during this activity.

Elsewhere in this newsletter there are details of events which are planned with the aim to get people to reengage with the many facets of parish life. The past two years have been extremely difficult on everyone and it is important that we now learn to meet up with friends and acquaintances safely. I strongly urge readers to consider how you might support as many of these events as possible, which I hope and



pray they will help us on the path to a happier and more holistic uplifting lifestyle.

The season of Lent begins on Ash Wednesday 2nd March. That day will be marked by a Morning celebration of Holy Communion at 10:30am and an Evening Service of the Word at 8:00pm. During Lent an online Bible Study led by Dr. Julie McKinley will be hosted by the National Bible Society of Ireland on Wednesday evenings at 8:00pm commencing on 9th March. Further details, including registration, may be found on the N.B.S.I.

website: www.nationalbiblesocietyofireland.ie

DATES FOR YOUR DIARY



Lenten Services in Tullow

Ash Wednesday 2nd March marks the beginning of Lent with a special evening Service. The morning Service has been replaced by a funeral Service which will be at 11.30am.

8:00pm – An Evening Service to mark the beginning of Lent.

Bible Study

During Lent, commencing on the 9th March, there will be a Bible Study via

Zoom every Wednesday evening at 8:00pm hosted by Dr. Julie McKinley, Development Officer of the National Bible Society of Ireland.

Please log on to: www.nbsi.ie for further information and registration. The Bible Study course has been devised by the ecumenical organisation, Churches Together in Britain and Ireland and should be greatly enhanced by ecumenical engagement in its presentation.

Details of Holy Week and Easter Services will be available in the April Newsletter.



African Gospel Choir Tullow Church Saturday 9th April 8pm

Many of you will remember the wonderful evening when the African Gospel Choir first came to Tullow. That was back in November 2019 and, after many postponements, we're delighted that they are making a return trip on Saturday 9th April at 8pm. They have been called the 'world's most magical choir' and to say that their performance is enthralling and inspiring is an understatement.

If you want to have a smile on your face and feel uplifted (and who doesn't need that!) then this is the evening for you.

Tickets €15/20 each are now on sale on Eventbrite.ie (search for African Gospel Choir).

This event is in aid of Bray Women's Refuge and repairs to the church roof and is kindly sponsored by Four Ferns Nursing Home and FACE (Foxrock Area Community and Enterprise).

Audience members are asked to wear masks

Easter General Vestry Sunday 3rd April After 10.30am Service

The Easter General Vestry is a bit like the AGM of the Parish. A new Select Vestry (committee) will be elected and the members will guide the Parish over the next year under the guidance of the Chair aka the Rector! This year the Easter General Vestry will be held in the church after the 10.30am Service and coffee etc will be served at the back of the church.

Come along and have your say about the future of the Parish. It does NOT mean you'll get landed with a job!



Tulow Spring Fair Saturday 14th May

In the past Tulow has held Christmas and Autumn fairs but it's quite a while since we had a Spring Fair. Saturday 14th May will change that - the Parish Hall, the grounds and the church will be alive with the sounds of the Parish working together and having fun as we host our Spring Fair.

In order to kickstart the return to normal life those listed below (also members of the Sustainability Group) will organise the fair. More details to come.

Sandra Ruttle, Nigel Swanwick, Jane Bowes
Spring Fair Committee

The Vision for Tullow 2022



'A Church at the Heart of the Community'

A vibrant parish with a wide range of age groups 0 -100+ actively participating in worship services and social groups.

A parish where new residents are encouraged and visitors welcomed, where the church is regarded as a community asset which is in regular use both for worship services and cultural events.

Tullow Sustainability Group - returning to normality

In April 2019 the Sustainability Group presented its report *The Vision for Tullow 2022* to the Parish (*see image*). Set up by the Select Vestry to look at the need for change in the Parish, an extensive consultation process with 97 households in the Parish led to the final report.

Over the period of the process, and since then, many changes have taken place and many more were planned - and then Covid hit!

As we return to more normal life we would like to encourage parishioners to get involved in Parish life again. Every parish wants to be engaged with its community and, whilst the virtual reach has been very successful, we would really like to see people again in person - in church, involved in Parish activities and enjoying each other's company.

As mentioned elsewhere, there will be a Parish Spring Fair in May which will be organised by the members of the Sustainability Group. Fairs are always great fun, parishioners of all ages get involved and members of the wider community come to Tullow.

Just a reminder of what has been achieved in the Parish since 2018:

- major heating, lighting and electrics project in the church completed
- easy access ramp constructed
- former sexton's house renovated and rented
- traffic barrier installed
- Remembrance Garden renovated

- extensive engagement with wider community
- a number of high profile events including a visit by President Higgins
- online Services during Covid. Services now live-streamed weekly
- email monthly newsletter, growth of Parish email list and frequent email communications, updated website and promotion on Facebook and Instagram
- church doors painted a welcoming colour, floral planters installed

All of the above was achieved with your support so thank you all very much. With the church and grounds in very good repair, we now want to make use of them to sustain and grow our Parish so we ask you to get involved in some of the events planned for the next few months. A couple of them are listed elsewhere and others are in the planning phase.

We will be reaching out to you over the next few weeks and are looking forward to seeing you at some or all of the Parish activities.

Rev John Tanner, Nigel Swanwick (chair), Sandra Ruttle, Jane Bowes
Tullow Sustainability Group

PARISH ORGANISATION

Bob Willis - Retirement from the Sustentation Fund

Bob Willis has retired from managing the Sustentation Fund and has completed the hand over to Owen Driver who has kindly agreed to continue this important work.

Bob has completed 25 years in this financial role and I wish to record my personal thanks and those of the Parish for a job well done. Bob has always completed this function with clarity, accuracy and the integrity necessary for success. He has been of great assistance to me personally and has borne this particular 'load' in a very professional and caring manner. In addition, his opinion and advice both financially and generally have always been, and continue to be, respected.

So, thank you Bob for your valuable contribution throughout the years and good luck to Owen who has a hard act to follow !!

Don Beck
Honorary Treasurer

Badminton - Parish Hall Thursdays 8.00pm (note earlier starting time)

After a straw poll on starting time, we have decided to change the starting time to 8.00pm. We hope that this will enable more players to come at the start of the sessions which should be conducive to getting a good mix in each game.

As soon as we can get a critical mass, the entertainment committee will see about organising a night out.

New members, of course, very welcome - just arrive along on any Thursday (racquets are not necessary, but as repeatedly mentioned before - a sense of humour is vital!)

Don't forget: 8.00 o'clock start

Paddy Bowes 086 2585194



Evergreens Walking Club

We've all been through strange times over the last couple of years but walking and fresh air are what sustained many of us. Each month in the newsletter Donald made suggestions for walks based on whatever restrictions were in place and enabled us to discover interesting places near home.

Now it's time to discover or re-visit the wonderful scenery just to the south of us in the Dublin and Wicklow mountains. Donald puts a lot of research and planning into the walks he organises so you can be sure of an enjoyable day. See below what he has in store for 13th March.

JB

Next Walk: Sunday 13th March 2022
 Great Sugar Loaf Way

We are almost through to the other side of Covid 19, thankfully! Our next walk is back to normal so we need your support to get our walking programme up and running after a small turnout in January.

The Great Sugar Loaf Way was opened a couple of years ago with some good track resurfacing over former sheep tracks. The mountain can now be circumnavigated while bypassing the steep scramble to the summit. However, the full circuit of about two and a half hours will involve some uphill walking on mainly good tracks, so be warned! On the way we will have magnificent views across to Glencree Valley and Djouce, and around to Vartry Reservoir and the Little Sugar Loaf.

The Club is for all parishioners and their friends who enjoy social friendship and walking in our beautiful countryside. Details and procedures are as follows:

- Meet in Parish Hall at 12.00 midday (after coffee)
- Share cars if happy to do so
- Wear appropriate warm outdoor clothes including fleece, waterproof jacket, hat and gloves
- Wear boots or strong footwear
- Bring small rucksack with a light lunch, i.e., hot drink, sandwich, fruit, bars etc
- Dogs welcome but will require a lead on this walk
- Walks end up in a local tea room or hostelry on a B.Y.O. principle!

Donald Gill 087 1270592

Tullow Book Club

The Man Who Died Twice by Richard Osman.

An entertaining read. The story picks up from Richard Osman's previous book *The Thursday Murder Club*, with the four members of the club recovering from the adventures of that exercise. Enter Elizabeth's ex-husband who is in need of her assistance.

Some poignant moments as the reader gets a little more of an insight into the relationship between Elizabeth and her present husband, Stephen, and with her friend Joyce and her daughter.

The reader should adopt a flippant attitude in the sections of the book that have a violent element to it as it will bring some smiles.

Book choice for March is *Still Life* by Sarah Winman.

Vera Tanner



Tulow Bowls Club - Tuesdays 7.30pm Parish Hall

Indoor bowling every Tuesday evening. Tea about 9.00pm.

Contact Joan or Jonathan if you'd like to join us. New members always welcome.

Joan Darling 01 2855021 087 6182846

Jonathan Morton 01 2894121 085 7793250



Tullow Crafty Crew - Thursday Once a Month 2.30pm Parish Hall

The second session of Tullow Crafty Crew for 2022 will be on Thursday, 31st March in the Parish Hall.

A variety of crafts are represented and guest craft demonstrations / talks will also be included from time to time during the year.

For further information please email: margaretbreadon2@gmail.com or phone Margaret at 087 294 1078

Tullow Fitness League for the Active Retired

We have been enjoying our new standing and chair-based workouts on Monday afternoons led by Fitness League instructor Yvonne McMahon. It is a fun way to exercise and strengthen from head to toe while moving to music.

There may be some limited places available, so if you'd like to give it a go contact Yvonne on 086 3900223

Classes are on Mondays 2.15- 3pm. €6 pay as you go.

Wednesday Coffee and Service 10.30am

Do you like tea/coffee and a chat? Come along any Wednesday morning to a short Service in the church at 10.30am morning; coffee and chat afterwards. All welcome.



Lenten Prayers

A Prayer for Protection from Temptation

O Christ, Son of God, for our sake you fasted forty days and allowed yourself to be tempted. Protect us so that we may not be led astray by temptation.

Since we do not live by bread alone, nourish our souls with the heavenly food of your Word; through your mercy, O our God, you are blessed and live and govern all things, now and forever.

Amen.

A Prayer for Strength

O God, you see that we have no strength in ourselves. Keep us both outwardly and inwardly. Defend us from all adversities which hurt the body, and cleanse us from all evil thoughts which afflict the mind; through your Son, Jesus Christ

our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

Amen.

Teen Corner

Thought for the month:

- Why is a car's windscreen so large and the rear view mirror so small?

Because our past is not as important as our future, so - look ahead and move on.

- Friendship is like a book. It takes a few seconds to burn but it takes years to write.

- All things in life are temporary. If they are going well, enjoy them, they will not last forever. If they are going wrong, don't worry, they can't last long either.

- When God solves your problems, you have faith in his abilities; when God doesn't solve your problems, He has faith in your abilities.



Photographic Archive and Local History

Please have a look in albums, boxes etc and see if you have any photos of people or places of interest to the Parish or the wider Foxrock area.

Jane Bowes bowesjane91@gmail.com or 086 8418138 if you find any.

Thanks to Jonathan Morton for this photo of 'Parish Hockey January 1988'

The photo below is of the old post office in Carrickmines. It closed in 1968 with a presentation to the retiring postmaster Patrick Hackett. Photo from the *Evening Herald* 18 June 1968. The post office was roughly where the roundabout near Carrickmines Park and Ride is now.



Want to improve your digital skills?

Get started with the “Hi Digital” course and see what going online can do for you.

[Welcome video](#)[Start Course >](#)

Hi Digital - improve your online ability

Hi Digital is a free online step-by-step course designed for anyone who needs a bit of help developing their digital skills. It's developed by Vodafone Ireland Foundation, in partnership with Active Retirement Ireland and ALONE. The course consists of bite-size lessons organised around key digital themes including the basics of internet access and how to use online devices as well as an essential guide to apps and features that can enhance daily life and combat isolation.

Increasing levels of digital literacy can have a positive impact on practical life and mental health. It leads to more opportunities to connect with essential services and engage socially with friends and family.

To register interest for classes email hidigital@activeirl.ie or freephone [1800 203030](tel:1800203030).

Extract from Minutes of Select Vestry Meeting 21st February

- location of wheelchair/buggy spaces inside the church being investigated
- List of Vestry Members revised. Three people added and three removed.
- Safeguarding Trust form updated and approved

Other items mentioned elsewhere in the newsletter

Remember the Parish

Over the years legacies from parishioners have made a huge difference and the Parish is most appreciative. May I, once again, ask parishioners to please consider Tullow Parish in their wills?

Don Beck
Hon Treasurer

Remembrance Garden

Don't forget that the right to burial in our peaceful Remembrance Garden is available to parishioners for €1,500 and a limited number of spaces for non-parishioners are available at €2,500. Please consider telling your friends and family about this oasis of peace. Contact the Rector if you're interested.

Parish Online Services and Parish Newsletter

The church is open for the 8.30am and 10.30am Sunday Services. The 10.30am Service is live-streamed every Sunday so you can watch it wherever you are - just log into the Parish website www.tullowdublin.org. It's also available to view on the website afterwards and on Facebook at Tullow Parish whenever you wish.

If you know of anyone who is not on the Parish email list and would like to receive the newsletter and other communications from the Parish please contact

tullowdublinnewsletter@gmail.com or Jane Bowes 086 8418138.

Under GDPR regulations someone has to request to be put on the email list. If someone is on the Parish List and we have their email address then we are

permitted to add them to the email list but we do need their email address so don't assume we already have it!

Website, Facebook & Instagram

The Parish website www.tullowdublin.org and our Facebook page (search for Tullow Parish) are kept up to date by Alan R and, thanks to Samm, they are widely promoted - the effectiveness of this is illustrated by the very impressive viewing figures for the online Services.

Thanks are due to all these people who help to keep Tullow an active, vibrant parish. Let the Rector know if you would like to contact any of them.

Rector: Rev John Tanner 086 3021376
Lay Minister: Alan Rhodes
Rector's Church Warden: Leslie Ruttle
People's Church Warden: Ken Gregory
Rector's Glebe Warden: Ernie Porter
People's Glebe Warden: Chris Wojnar
Pastoral Assistant: Patricia Stewart
Organist: Dr Paul McNulty
Parish Treasurer: Don Beck
Select Vestry Secretary: Jane Bowes
Readers & Coffee Rota: Barbara Cooper
Connect Group & Clevis Drivers Rota: Jennifer Sowman
Wednesday Coffee: June Hayes
Parish Newsletter: Jane Bowes
Parish Hall Bookings: Jennifer Sowman
Parish Hall Committee: Rev John Tanner, Barbara Cooper, Bob Willis, Paddy Bowes
Flower Rota: Sandra Ruttle
Bell Ringer: David Cooper
Church of Ireland Review: Jill Malcolm
Badminton: Paddy Bowes
Bowls Club: Jonathan Morton
Tullow Friends: Cleo Ellis
Tullow Book Club: Vera Tanner
Altar Linens: Vera Tanner

Welcome to the Tullow Parish newsletter. This is a very active parish so there's

lots to report each month. We appreciate feedback - both critical and otherwise.

Email tulowdublinnewsletter@gmail.com

Please forward to other members of your family



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