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OCTOBER 2020

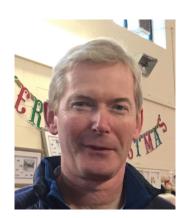
In this month's newsletter:

Parishioners enjoy the beauty of Ireland Harvest Festival 2020 style Festival fun in October Tasty Treats Anyone remember the Darley family? Walking in Knocksinkand much more

The Rector Writes

Our Harvest Thanksgiving Service will be held on Sunday 11th October. At the time of writing, it is unclear whether it will be possible to hold a physical Service as well as the online version, due to current Level 3 restrictions in the greater Dublin area. However, it is an important part of our Church calendar and regardless of format, I would hope that everyone will be able to join in a general act of Thanksgiving for all the blessings we have received - not least the daily food which sustains us even in the midst of our current crisis.

But, have we ever stopped to contemplate where the concept of Harvest Thanksgiving or Festival came from? In Medieval times, it was a custom to hold a festival at the beginning of the harvest on 1st August. This became known as Lammas, meaning 'Loaf Mass'. Wheat farmers took the first of their crop and made loaves which were used as the Holy Communion bread at a festival Church Service. Following the Reformation, Harvest Festival was moved to the end of the harvest season with an emphasis on thanksgiving that 'all is safely gathered in'. The new traditional date became Michaelmas Day which fell on 29th September this year. Regardless of date, it is still important that we take time out to give thanks to God for so much we take for granted. Nowadays, most foods are no longer seasonal as they can be imported from parts of the world where they are. However, those who are environmentally aware frown on such practices due to the carbon footprint of such imports. Perhaps, Harvest Thanksgiving will also allow us the opportunity to reflect on the delicate balance between our food consumption habits and our impact on God's creation through climate change.



'Come, ye thankful people, come.'

From the Register

We extend our deepest sympathies to Susan O'Kane on the recent loss of her mother Daphne Dukes and to Linda Dunlop-Ryan on the loss of her husband Michael Ryan.

DATES FOR YOUR DIARY



Harvest Thanksgiving Sunday 11th October

At time of writing it is probably unlikely that we will be able to celebrate Harvest Thanksgiving in the church but the online Service for that day will have a definite Harvest feel to it. Make sure to keep an eye on your email In box as the link to the Service will be emailed out on the Saturday evening. If you don't receive it check your Junk, Spam or Promotions boxes.

If there is any change in the situation regarding Services in the church you will, of course, be notified by email.



Festival Fun

Many of us have been used to going to talks and the theatre, listening to authors and getting involved in festivals. This year is different but many festivals are going ahead albeit in a different format.

Here are five which are happening in October. Click on the link to get more information.

If you're interested in history, the **Dublin Festival of History** is the festival for you although unfortunately it started last month and is nearly over.

https://dublinfestivalofhistory.ie/programme/

The Dublin Theatre Festival brings world class theatre to Dublin, it's on at the moment in various formats.

https://dublintheatrefestival.ie/programme/events

Open House Dublin - The Extraordinary Ordinary Online + On-Site, 8–11 October 2020

This year Open House Dublin celebrates the resilience, exceptional potential and talent in architecture and urban design in our city with a combination of live and online events, virtual tours, some limited on-site tours and playful workshops.

Booking for workshops and on-site tours and all information can be found on www.openhousedublin.com.

The Dublin Book Festival showcases Irish authors and Irish published books http://dublinbookfestival.com/programme/category/programme-2020/main-programme-2020/

The Bram Stoker Festival, named after the Dublin author of *Dracula*, is a fun, scary festival held over the October Bank Holiday weekend. Something for every age group.

https://bramstokerfestival.com/

NEWS

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Summer 2020 in Ireland



Isn't Ireland a beautiful country? And as you can see parishioners had great fun this summer travelling to the four corners - the sun even came out for many! Most were energetic - here are some climbing Croagh Patrick in Co. Mayo and boating on the Shannon.



Kilbegnet in Co. Wexford, Roundstone in Co. Galway and Gleninchaquin in Kenmare, Co. Cork



Upper Lough Erne and Dog's Bay near Roundstone in Connemara.



The beautiful county of Donegal including the intriguingly named Murder Hole beach



Many of you will remember the wonderful and inspiring concert in the church by the African Gospel Choir last November. They were due to give another concert next month but unfortunately that isn't possible at the moment but we will have them back as soon as safely possible. In the meantime those of you who are on Instagram can follow them on African Gospel Choir Dublin.



As promised in the September newsletter, here are another couple of recipes from the talented people who have kept the cakes and deli stall well stocked at the last few Christmas fairs.

This month we have a recipe for Alison Notley's Nutty Bars which are packed with all sorts of good things - ideal for snacks at any time of the day and also for what must be one of the easiest and tastiest cakes anyone could make - Helen Burns' Autumn Berry and Almond Cake.

Nutty Bars

190g porridge oats (no more)

2-3 tablespoons sunflower seeds

3 tablespoon pumpkin seeds

2 tablespoon linseeds

2 tablespoon sesame seeds

1 tablespoon sultanas

2 tablespoon cranberries

Add any mix of:

walnuts, almonds, hazelnuts, or Brazil nuts (broken up) to bring TOTAL WEIGHT up to 625grams

Add 1 tin of condensed milk and mix thoroughly

Heat oven to 130 deg - 140 deg C

Line a 12" x 9" x 1.5" baking tray with baking parchment

Spread mixture onto baking tray and press down lightly

Leave in oven for 30 to 40 minutes. Lightly browned just around the edges will give you moist, chewy bars.

Remove tray, place on a wire rack & let cool for 5 minutes before cutting into slices.

When cold remove the bars & store in an airtight container.

Bars soften nicely when stored.

Alison Notley

Autumn Berry and Almond Cake

You can use any berries you have in any combination you like. Raspberries and blackberries are particularly good.

140 g ground almonds

140 g butter

140 g caster sugar

130 g self raising flour

2 large free range eggs

1 teasp vanilla extract

250 g of berries - fresh or frozen and defrosted

2 tblsp flaked almonds

Sifted icing sugar

Preheat oven to 180 deg/gas mark 4. Butter a 9 inch loose-bottomed cake tin and line the bottom with paper.

Cream together the butter, ground almonds, flour, eggs, vanilla and sugar in a mixing bowl until evenly mixed together. Spread half the mixture into the prepared tin. Top with the berries. Dollop the remaining half of the batter over the top and roughly spread it out as best you can. (Tip: wet your fingers and use them). Sprinkle with the flaked almonds.

Bake for 50 minutes until golden brown. Leave to cool in the tin. Dust with icing sugar and cut into wedges to serve.

Helen Burns



PARISH ORGANISATION

Easter General Vestry/Select Vestry

The minutes of the Easter General Vestry held on Sunday 6th September were emailed to everyone on the Parish email list. The Select Vestry members who were elected at that meeting held a short zoom meeting at which Don Beck was re-elected Parish Treasurer and Jane Bowes was elected Secretary to the Select Vestry.

Tullow Church Services

At time of writing Services in the church have been suspended under Level 3 COVID-19 restrictions. As soon as those restrictions are lifted and Services in the church are permitted we will notify parishioners by email.

The weekly online Service by the Rector and his team of helpers is continuing. If you know of anyone who is not on the email list and would like to receive email links to the Services please contact

<u>tullowdublinnewsletter@gmail.com</u> or Jane Bowes 086 8418138. The Service is emailed to everyone on the parish list every Saturday evening but of course you can watch it whenever suits you.

The Services are also available on the Parish website http://tullow.dublin.anglican.org/ and also on Facebook at Tullow Parish.



'Heavenly Father, Lord of all creation

We thank you for the coming of the harvest

And for those who maintain the provision of food.

Enable us to become better stewards of your creation,

Thinking always of our legacy to future generations.

Mindful of the unequal burdens borne by the old and the sick in this emergency

Inspire us also to be unsparing in giving ourselves in the service of our neighbour

And in support of all who continue to work on the frontline In government, in hospitals and care homes, and in the community. All this we ask in the Name of your Son, the servant of all. Amen.'

Archbishops John McDowell and Michael Jackson

Looking after your mental health

Things you can do to support your mental wellbeing

The last few months have been a difficult time for everyone and the uncertainty which lies ahead does not make things easier. As well as physical health, it is important to look after our mental health. This website has tips on a range of things from relaxation to problems sleeping to coping with stress and much more.

https://www2.hse.ie/looking-after-your-mental-health/

If you feel that you would benefit from counselling MyMind is now delivering free online counselling appointments for people all over Ireland. If you have been directly affected by Covid-19 you may be eligible. The main mental health issues include those arising from unemployment, bereavement, social isolation/cocooning, illness, stress, depression, anxiety, addiction, or domestic violence. This service has been recommended by the Archbishop of Dublin. More information and booking for the free online counselling service is on http://www.mymind.ie/.



River at Knocksink and further up the valley at Knocksink

Evergreens Walking Club

Covid 19 is here for a while longer and our activities, including organised Evergreen walks, are being restricted. So instead let's get out walking in small or family groups while conforming with government guidelines.

Autumn is here and the woodlands have started to put on their autumn colours of reds, yellow, orange and various shades of brown, just waiting to be enjoyed! This month I have suggested a well-known walk, at least for the first part, but with an adventurous extension which is not suitable for young children or the faint hearted!

Knocksink Woods with extension to a road linking Enniskerry with Johny Fox's pub. The full walk with extension is about 3 hours out and back so don't go too late on a winter's afternoon. I usually park at the Bog Meadow car park in Enniskerry, just past the bridge beside the Powerscourt Hotel. A track to the left of the playing field follows the river before turning right to cross the road at the entrance to Knocksink. Follow forest road past the forest car park where you can start the walk if you want a shorter route. After a couple of hundred metres turn left across a bridge and immediately right and continue for 10/15 minutes to reach a junction. Turn right here if you want to head back to the car park along a good forest road. Continue straight on for a bit of adventure. The tracks

ahead have quite a lot of fallen timber from recent, and not so recent, storms. The original trail had white patched on trees to mark the route, some of which are still visible. So, one needs to follow narrow tracks while heading generally up the valley. Early on there is a gully to cross with some handy tree roots to hold. The valley broadens out and the beech trees are magnificent in their autumn regalia. After a while the track descends down a bank to follow the river on a narrow path.

Again, the track improves below very tall pine trees. A steep ascent brings one to a higher level contouring track through pine trees with evidence of a manholes over a water pipe. At the gap in the forest descend a track for a short distance to rejoin an easier track which comes out at a gap on the abovementioned road leading to Johny Fox's pub. However, it is better to turn back here and return by the same route and enjoy refreshments at Enniskerry with its many coffee shops and pubs.

Boots definitely recommended for the extension of this walk which dogs will love.

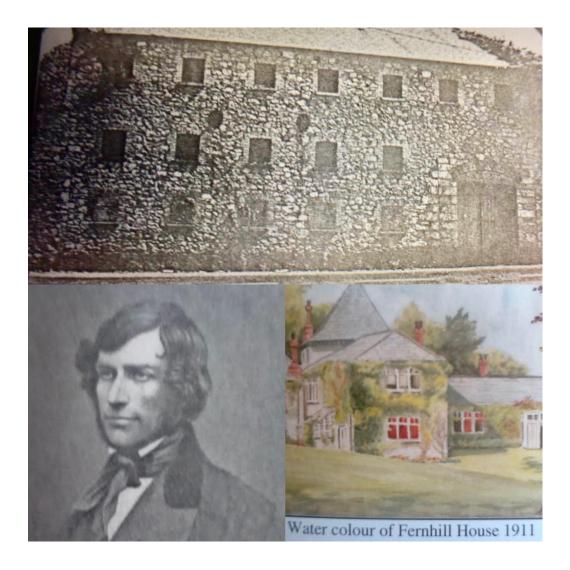
Donald Gill

Photographic Archive

Once again Ken Gregory has found an interesting story to tell and one which has a Tullow connection some of you may remember. Thanks again Ken.

Please have a look in albums, boxes etc and see if you have any photos of people or places of interest to the parish.

Jane Bowes bowesjane91@gmail.com or 086 8418138 if you find any.



The old brewery on Brewery Road, Fernhill House and Henry Darley

The Darley Family, Galloping Green, the Brewery - and a Tullow Connection

During the 18th century mansions and villas began to be built in the neighbourhood of Stillorgan. Among these were Stillorgan House, The Grove, Carysfort House, Stillorgan Castle (now St. John of God), Beaufield and the Priory. The Darley family and a house called The Grange in Galloping Green were inextricably linked in the 18th, 19th and early 20th centuries.

The Grange was a residence which was acquired by the Darley family in the early 19th century. It stood on grounds in the townland of Galloping Green once occupied by Esso headquarters and now occupied by blocks of apartments. You may wonder where the name Galloping Green comes from. There are two possibilities: firstly as the lands opposite Philip Byrne's pub were laid out in grass it was used for the exercising of horses, secondly, as this stretch of road was notorious for horses drawn coaches being robbed by highwaymen the coaches would gallop through to avoid being held up - personally I would prefer the former. Interestingly the late Iris Kellett (of showjumping fame) who lived on Leopardstown Road owned these lands before development in the 1960s and use to exercise her horses thereon!

Henry Darley was a quarryman and stonecutter from Newtownards, Co. Down,

whose sons - Moses, Arthur and Hugh - founded the Dublin dynasty. Their descendants became architects, builders, brewers and solicitors and, in due course, intermarried with the Guinness family. A descendant, Henry Darley founded a brewery in Stillorgan in 1820, the ruins of which stood at the bottom of **Brewery Road** until they were demolished in the 1980s to make way for a new road. The brewery produced ale and beer. The stream, which ran through the brewery, provided the power necessary to grind the barley. It has since been covered in. The brewery cottages were located just to the south of the brewery on the old road until a couple of weeks ago when they too were demolished. The brewery was operational for 81 years.

The Darley family acquired **Fernhill in Stepaside** in the early 19th century and set about planting the grounds with exotic trees including rhododendrons, magnolias and embothriums. The grounds are now owned by DLRCC and are open to the public - they are well worth a visit.

Rosemary Darley was a parishioner in Tullow from 1960s - 1980s. She lived in Springfield Park off the N11.

Teen Corner

After a stressful few months for our Leaving Cert students hopefully everyone was content with their results. The next stage of life may look rather different to that experienced by school leavers in previous years but whatever path you find yourself on - good luck and enjoy the new challenges while social distancing of course!

Remembrance Garden

The Remembrance Garden is always a haven of peace and tranquility and it's a facility of which we can be proud. Don't forget that the right to burial there is available to parishioners for €1,500 and a limited number of spaces for non-parishioners are available at €2,500. Please consider telling your friends and family about this oasis of peace. Contact the Rector if you're interested.

Website, Facebook & Instagram

The parish website www.tullowdublin.org and our Facebook page (search for Tullow Parish) are kept up to date by Alan R and, thanks to Samm, they are widely promoted - the effectiveness of this is illustrated by the very impressive viewing figures for the online Services.

As it is most important now to support local businesses please keep an eye on http://foxrock.ie/ Foxrock Village on Facebook and foxrock_village on

Instagram. The Instagram account BeckettinFoxrock is also associated with the parish.

Thanks are due to all these people who help to keep Tullow an active, vibrant parish. Let the Rector know if you would like to contact any of them.

Rector: Rev John Tanner 086 3021376

Lay Minister: Alan Rhodes

Rector's Church Warden: Leslie Ruttle People's Church Warden: Ken Gregory Rector's Glebe Warden: Ernie Porter People's Glebe Warden: Chris Wojnar

Heating, Lighting, Electrics Project: Paddy Bowes & Nigel Swanwick

Pastoral Assistant: Patricia Stewart

Parish Development Worker: Caroline Jolley

Organist: Dr Paul McNulty
Parish Treasurer: Don Beck

Select Vestry Secretary: Jane Bowes Readers & Coffee Rota: Barbara Cooper

Connect Group & Clevis Drivers Rota: Jennifer Sowman

Wednesday Coffee: June Hayes Parish Newsletter: Jane Bowes Parish Hall Bookings: Paul Hayes

Parish Hall Committee: Rev John Tanner, Barbara Cooper, Bob Willis, Paddy

Bowes

Flower Rota: Sandra Ruttle Badminton: Paddy Bowes Bowls Club: Jonathan Morton Tullow Friends: Cleo Ellis

Tullow Book Club: Vera Tanner Altar Linens: Vera Tanner

Welcome to the email edition of the Tullow Parish newsletter. This is a very active parish so there's lots to report each month. We would really appreciate feedback - both critical and otherwise on the email edition.

Email <u>tullowdublinnewsletter@gmail.com</u>
Please forward to other members of your family





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