



TULLOW PARISH CARRICKMINES NEWSLETTER

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ENTIRE MESSAGE at the end otherwise you'll miss half the newsletter!*

JULY/AUGUST 2025

In this Month's Newsletter:

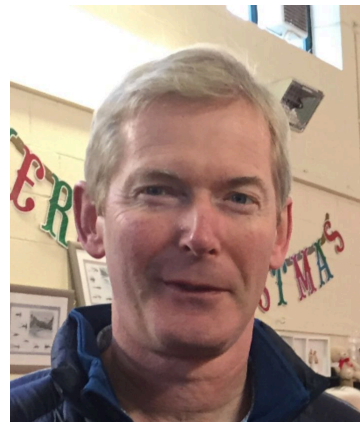
- Calendar of Events
 - Beckett Walks
 - Tullow Friends Cancer Care Fundraiser
 - Summer Supper
 - Evergreens Walk
 - Music in Foxrock
 - Parish Organisations
 - ..and much more
-

The Rector Writes

Another school year has drawn to a close, and long summer holidays now lie ahead for all those of school going age. For those who have just completed their Leaving Certificate Examinations, the seemingly endless anxious wait begins ahead of results expected on 22nd August. Hopefully this will bring clarity to candidates' future direction and enable them to realise their hopes and dreams. As our primary schools close for the summer, those in sixth class will now be looking forward to moving to their secondary school of choice in late August. It can be both an anxious and exciting time for students and families alike.

However, for most, summer is a time when they look forward to being able to take things a little easier and plan a holiday – a break away from routine. Whilst that is both welcome and necessary, it can be a difficult time for those who depend on routine - especially those elderly who depend on home care packages, those resident in nursing homes or those needing hospital care. It can also be difficult for those needing consultant's appointments as many of their services operate on skeleton staff which concentrate on emergencies only during July and August.

Nevertheless, for most, taking time out from the daily grind is necessary. It gives an opportunity to recharge energy levels and get a different perspective on life. It also helps families to bond a little better as in today's lifestyle individual family members seem to constantly 'be doing' and find little time for just 'be'. In fact, psychologists have warned that making that transition from 'be doing' to simply 'be' is not without its own problems which can lead to family holidays being fraught



with bitter conflicts due to differing expectations.

Perhaps it could help if all concerned could take to heart the beginning of Reinhold Niebuhr's Serenity Prayer: 'God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.'

Here in Tullow, our summer schedule also sees regular activities pared back. There will be no midweek Services during July and August and all other parish clubs and societies will not recommence until September. However, our weekly 10:30am Sunday Services will continue uninterrupted. Let all of us who may be planning a break/change of scene over these coming months be thankful that we have the opportunity to do so. In closing, may I wish all parishioners and their families and friends an enjoyable and safe summer. May those awaiting exam results receive a just reward for their efforts.

DATES FOR YOUR DIARY



CALENDAR

Some people have mentioned that they used to find the calendar in the printed newsletter useful. In the absence of a printed edition an alternative is to screenshot this calendar and print or put into your photos on your phone. Let us know if you find this useful.

JULY

Sunday 6th and 20th Beckett Walks

AUGUST

Sunday 3rd, 17th, 31st Beckett Walks

Monday 4th August Family Fun in Foxrock Village

SEPTEMBER

Thursday 4th & Friday 5th September Music in Foxrock at Lis na Carrig

OCTOBER

Sunday 12th October Harvest Festival with the Stedfast Band

Friday 24th October Concert in Tullow Church with John O'Connor

NOVEMBER

Sunday 9th November Remembrance Sunday

Sunday 23rd November Service of Remembrance

Saturday 29th November Christmas Fair

DECEMBER

Saturday 6th December African Gospel Choir

Sunday 14th December Family Carol Service

Sunday 21st December Carols by Candlelight

Advance notice: Pre-loved clothing sale in 2026

Church Services during the Summer

Church Services change slightly over the summer:

Wednesday Morning Service and Coffee - there will not be any Wednesday morning Service or coffee afterwards for July and August.

Sunday 8.30am Holy Communion Service - there will not be any 8.30am Service during August.



Foxrock Beckett Walk

Free Guided Walk

Join Paul O'Hanrahan on a fascinating tour of writer and Nobel Laureate Samuel Beckett's biographical and literary associations with his native Foxrock.

Beckett Walks Sunday 6th & 20th July; 3rd, 17th, 31st August

Start at Tullow Church 3.15pm

The ever popular Beckett Walks return on Sunday 6th July and every second Sunday until the end of August. If you haven't been on this walk before then don't miss it this year. Paul O'Hanrahan talks about how Tullow and other places in Foxrock influenced the works of one of the greatest writers in the English language.

Part of DLRCoCo's Summer of Heritage.



Music in Foxrock Thursday 4th and Friday 5th September in Lis na Carrig, Brighton Road

There is a musical treat coming in early September. The first **Music in Foxrock** event, featuring cellist Ailbhe McDonagh and violinist Lynda O'Connor, will be held in the beautiful surroundings of Lis na Carrig house and garden on 4th and 5th September.

More information will be emailed to those on the Parish email list before booking opens. Booking will be via Eventbrite from mid July and tickets will be €35 plus booking fee including a wine reception. The capacity is very limited and the events will sell out quickly so be sure and put in your diary.

Ailbhe McDonagh is an Irish concert cellist and composer. She performs internationally as a soloist, chamber musician and recording artist, has several studio albums to her name; she is also Professor of Cello at the RIAM.

Lynda O'Connor is one of the greatest Irish violinists of her generation. Showing particularly early promise she made her debut solo performance at the age of four in the National Concert Hall, Dublin, which began her international career as soloist, chamber musician and orchestral leader. Lynda records regularly for film, TV and radio, and has a keen interest in education as a member of the National Concert Hall ECO band.

Music in Foxrock is organised by the Foxrock Arts Group under the auspices of FACE.

NEWS





Summer Supper Saturday 7th June

Parishioners, their friends and a large contingent from the Foxrock community, led by FACE Foxrock Tidy Towns volunteers, had a great night out at the Summer Supper on Saturday 7th. The beautifully decorated Parish Hall buzzed to the sound of happy chats. It amazed everyone how the hall could be so transformed.

The Summer Supper was the brainchild of Alan Rhodes who organised everything with military precision and his attention to detail paid off. The food, provided by Simply Delicious on Foxrock Avenue, was appropriately delicious.

The Summer Supper couldn't have happened if it wasn't for the hard work of a tight team of volunteers - led by Alan, Nigel Swanwick, Valeria Domaskina, Torren Gale, Mandy Swanwick, Vera Tanner, Sheila Meredith and Jane Bowes.

Thank you all.



Tullow Friends Cancer Care Fundraiser Saturday 21st June

On a beautiful midsummer's day parishioners and their friends came together for afternoon tea at the home of Cleo and Les Ellis to raise funds for the cancer care charity Purple House.

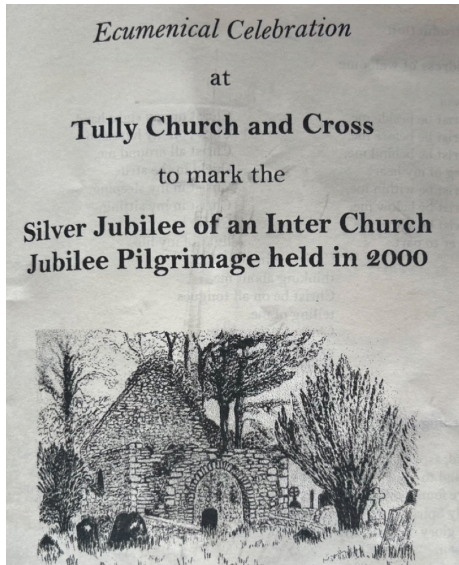
The wonderful amount of €1,020 was raised which is a real tribute to the hard work of the organising group, particularly Cleo and Les Ellis, and the generosity of the attendees.



Evergreen Walking Club Sunday 8th June

Our last walk of the season took place on Sunday 8th June with 10 Evergreens. We parked near the Scout Centre and headed uphill by the road until we reached a foot path with good lake views to our right. We must thank the Petrie family for developing this track through their lands as all land around the lake is private. After a while we joined a farm track going downhill past the end of the lake and through a meadow at the bottom of a glaciated valley surrounded by mountains. The main feature here was a giant granite boulder - refer picture of Rev John bouldering! A sheltered group of oak trees provided ideal shelter for lunch beside a babbling brook, the Avonmore River. We returned the same way with some saying the hill was steeper on the way back! The weather was fair though fleeces were needed to keep out the cool breeze.

Refreshments were provided by the Vartry Inn in Roundwood before retiring to the Rectory for a barbecue hosted by John and Vera with assistance from Valeria.



Ecumenical Service at Tully Church 22nd June

Twenty five years ago there was a millennium pilgrimage by parishioners from Tullow and St.Bridget's Parish in Cabinteely. That outing was repeated on 22nd June when a group walked from Lambourne Wood to Tully Cross and then to Tully Church. They were led by a guide who gave historical insights along the way. More parishioners joined the group at the Cross where everyone marvelled at the huge changes which are taking place around the area. Tully Cross is now in the centre of a public park and surrounded by housing.

The Rector, assisted by Mandy on the saxophone and Alan, joined with Fr Paul from Cabinteely in an ecumenical Service which was enjoyed by all. Plans are being made to enhance the relationship between the two parishes.

Coffee After 10.30am Service on Sundays

A very big 'thank you' to everyone who volunteered over the past year, to make the coffee/tea after the 10.30 am Service each Sunday.

Being able to sit (or mingle!) in a relaxed atmosphere, enjoying the chat, the cuppa, the catching up with friends, making new friends and welcoming visitors after the Service is really so appreciated by everyone attending.

The bad newsthere will be NO coffee after church during AUGUST,

The good news.....we will be back in September, so volunteers please!

Barbara Cooper





The good news this month is that Don Beck (on the right) recently won the Men's Singles and Men's Doubles at the International Tennis Federation Masters Tour tennis championships in Elm Park. Congratulations Don!

Tell Us Your Good News!

There must be many good news stories in the parish so please tell us - we'd love to share them - any good news is welcome. Tel Jane Bowes 086 8418138 or bowesjane91@gmail.com

PARISH ORGANISATION

After Church Coffee

We need volunteers for the after church tea and coffee on Sunday mornings. **Please help by volunteering** to join a panel of coffee/tea makers - it's very easy!

Rota for July

Sunday 6th - Barbara Cooper and TBA

Sunday 13th - Don and Joan Beck

Sunday 20th - Jonathan and Meta Morton

Sunday 27th - Christine McCluskey and TBA

Thanks so much to those who volunteered so far this year, there won't be any coffee after church for the month of August, but we will be back to you in September as usual.

Please contact Barbara Cooper on 086 8446274 or email barcoop@gmail.com and let her know when you'd like to help



Badminton Club Thursdays at 8pm in Parish Hall

After a fun end-of-season tournament (won by the Whites - seen here along with the Blues with their cups!), badminton club members are now on holidays (we wish!) until early/mid September.

New members always welcome. 086 8418138 if you'd like to know more.

Outreach - Bray Women's Refuge

Thanks so much to everyone who left donations at the back of the church, they are appreciated very much so please continue to do so.

Thank you.

Hilary Cran

Outreach - Down Syndrome India

To help us continue to fund life-saving surgery for little children please take a collection box from the Outreach area at the back of the church and pop your spare coins and notes into it.

Joyce Buckley 087 2988769

Select Vestry - extract from minutes of 23rd June

- agreed to investigate the possibility of placing solar panels on the roof of the parish hall. Also agreed to investigate availability of grants towards the solar panels
 - tenders have been received for the reconfiguration of the downstairs toilet area to enable the provision of an accessible toilet
 - two new hobs have been placed in the kitchen to replace the previous defective hobs.
 - Sandra Ruttle and Sheila Meredith have completed the Garda vetting process and Safeguarding Trust training so it is hoped to start a Sunday Club for children in September
-

Tullow Book Club

There is no book club meeting over the summer but the choice for September is *The Women* by Kristin Hannah.

Vera Tanner

Tullow Bowls Club

The Bowls Club had their last session in April but will return as usual on Tuesday 23rd September at 7.30pm in the Parish Hall. If you would like information about the bowls or are thinking about joining please contact

Hazel Alexander 087 9719836
Jonathan Morton 085 7793250

Tullow Crafty Crew Parish Hall One Thursday a Month

Tullow Crafty Crew look forward to our Autumn sessions starting in September.
Why not join us and try a new craft or bring your current project.
In the meantime, happy crafting!

Margaret Breadon 087 2941078

Wednesday Coffee and Service 10.30am

There will not be any Wednesday morning coffee and Service for July and August but see you in September.

ESTD. 1998



Pre-School for 2½ - 5 years

TULLOW CHURCH HALL, BRIGHTON ROAD, FOXROCK.
FANTASTIC LARGE PRE-SCHOOL ROOM

MON-FRI 9.00AM-12.30PM

ECCE PLACES

CALL: LYNDA 087-2252201

www.littlestarpreschoolfoxrock.ie

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Support Tullow Parish Hall Tenants

The Parish Hall has a wide range of groups and organisations using it. Please support them.

Little Star Preschool

Now enrolling for September.

www.littlestarpreschoolfoxrock.ie

Irish Dancing Classes for Children

With the renowned Chaney Farrell Academy. New pupils are welcome although finished now until September. Online registration at www.irishdancingclasses.ie

Yoga Classes

Catherine has classes on Mondays. Due to finish at the end of June but may continue if there is a demand. Contact her if you'd like to join.

Feel stretched, not stressed. Suitable for all levels. Mondays 8.15pm - 9.15pm.

Contact: Catherine 087 7864853 catherinesyogamat@gmail.com

Take 2 Enrolling now for September.

Take 2 Performing Arts School is proud to be south Dublin's longest running stage school, established in 1988.

Drama Classes Mon - Thurs afternoons for 5 - 18 year olds. Exam and Feis preparation.

Musical Theatre Classes - Sing, Dance, Act! Saturdays 3 - 12 year olds.

All children take part in end of year performance in the Pavilion Theatre.

Contact: pamela@take2.ie or www.take2.ie.

The Fitness League - Celebrating 90 years of Inspirational Teaching! Classes for the Active Retired.

Finished for the summer but back in September.

Contact: Yvonne McMahon 086 3900223

www.thefitnessleague.ie

The Fitness League Wednesdays 7.30 - 8.30pm Parish Hall

A new regular adult (not active retired) fitness class has started on Wednesdays. Movement to music and floor work with Patricia Dunne. Bring your own mat.

€135 for 15 weeks or €13 pay as you go.

Contact: Patricia Dunne 086 8863917

Tullow Brownies and Girl Guides

The Brownies finish on 7th June and the Guides on 9th June.

For more information please contact Alice on 086 3541195

JUST A THOUGHT

A Summer Prayer

Father, Creator of all, thank You for summer!

Thank you for the warmth of the sun
and the increased daylight.

Thank you for the beauty we can see all around us
and for the opportunity to be outside and enjoy your creation.

Thank You for the increased time we have to be with our friends and families,
and for the more casual pace of the summer season.

Draw us closer to you this summer.

Teach us how we can pray
no matter where we are or what we are doing.
Warm our souls with the awareness of your presence
and light our paths with your Word and Counsel.

As we enjoy your creation, create in us
a pure heart and a hunger and a thirst for you;

through Jesus Christ our Lord. Amen.

Foxrock News

Foxrock Clinic, a GP practice with Drs Diarmaid Scully and Kirsty Dunne and Nurse Mairead Downey, is a recent and welcome addition to Foxrock village. Located beside Pure Pharmacy, it is now open and welcoming new patients. To register see www.foxrockclinic.com or phone 01 9144246 email: foxrockclinic@gmail.com



FOXROCK
CLINIC

NOW OPEN!

Welcoming both GMS & Private Patients

BANK HOLIDAY MONDAY 4th AUGUST

Experience
Foxrock Village

2 pm to 4 pm on Beckett Green
(opposite Sherry Fitzgerald)

**Music and entertainment
for all the family**

*Visit our wonderful local shops,
restaurants and cafés!*

 **FACE**
Foxrock Area Community & Enterprise CLG

Co-funded
by 
Cambridge Central County Council



Commemorating 100 Years Since
The Amalgamation of the
Dublin Metropolitan Police (DMP)
With An Garda Síochána (1925 - 2025)



Seeking Families of the Dublin Metropolitan Police



The Dublin Metropolitan Police (DMP) were established in 1836. In 1840, the first officers of the "F" Division arrived at Cumberland Street in Kingstown (now Dún Laoghaire), later moving to 100 Upper George's Street.

This was followed by postings to Booterstown, Blackrock, Dalkey, and finally Kill O' the Grange in 1847.

Over 1,000 DMP members in the Dublin region were integrated in to An Garda Síochána on April 3, 1925, and they continued to play a significant role in local policing until as late as 1967.

To honor their service, a centenary event is planned in Dún Laoghaire later this year.

We are seeking to identify families of former DMP members who served in the Dún Laoghaire region.

If you are connected to a DMP family or have any relevant information, please kindly contact us at email: ryanested@gmail.com

Thank you for your support in remembering those who served.

Your assistance is greatly appreciated.

Photographic Archive and Local History

Please have a look in albums, boxes etc and see if you have any photos of people or places of interest to the Parish or the wider Foxrock area.

Jane Bowes bowesjane91@gmail.com or 086 8418138 if you find any.

Remember the Parish

Over the years legacies from parishioners have made a huge difference and

the Parish is most appreciative. May I, once again, ask parishioners to please consider Tullow Parish in their wills?

Don Beck
Hon Treasurer

Remembrance Garden

Don't forget that the right to burial in our peaceful Remembrance Garden is available to parishioners for €1,500 and a limited number of spaces for non-parishioners are available at €2,500. Please consider telling your friends and family about this oasis of peace. Contact the Rector if you're interested.

If you have a loved one in the Garden of Remembrance please take away flower pots and planters when they've gone past their best. At the moment, Ross, the gardener, removes them and puts them on the gravel strip near the back wall but they are very unsightly there. Thank you.

Parish Online Services and Parish Newsletter

The church is open for the 8.30am and 10.30am Sunday Services. (**Note: there will not be any 8.30am Service in August**). The 10.30am Service is live-streamed every Sunday so you can watch it wherever you are - just log into the Parish website www.tullowdublin.org. It's also available to view on the website afterwards and on Facebook at Tullow Parish whenever you wish.

If you know of anyone who is not on the Parish email list and would like to receive the newsletter and other communications from the Parish please contact

tullowdublinnewsletter@gmail.com or Jane Bowes 086 8418138.

Under GDPR regulations someone has to request to be put on the email list. If someone is on the Parish List and we have their email address then we are permitted to add them to the email list but we do need their email address so don't assume we already have it!

Website, Facebook & Instagram

The Parish website www.tullowdublin.org and our Facebook page (search for Tullow Parish) are kept up to date by Alan R and, thanks to Samm, they are widely promoted - the effectiveness of this is illustrated by the very impressive viewing figures for the online Services.

Thanks are due to all these people who help to keep Tullow an active, vibrant parish. Let the Rector know if you would like to contact any of them.

Rector: Rev John Tanner 086 3021376
Lay Ministers: Alan Rhodes and Mandy Swanwick
Rector's Church Warden: Nigel Swanwick
People's Church Warden: Torren Gale
Rector's Glebe Warden: Ernie Porter
People's Glebe Warden: Chris Wojnar
Pastoral Assistant: Patricia Stewart
Organist: Nathan Whitley
Parish Treasurer: Don Beck
Select Vestry Secretary: Jane Bowes
Envelope Scheme: Torren Gale
Sustentation Fund: Owen Driver
Readers & Coffee Rota: Barbara Cooper
Connect Group & Clevis Drivers Rota: Jennifer Sowman
Wednesday Coffee: June Hayes
Parish Newsletter: Jane Bowes
Parish Hall Bookings: Jennifer Sowman
Parish Hall Committee: Rev John Tanner, Margaret Breadon, Barbara Cooper, Jonathan Morton, Ernie Porter, Chris Wojnar
Flower Rota: Sandra Ruttle
Bell Ringer: Ken Gregory
Church of Ireland Review: Jill Malcolm
Badminton: Jane Bowes
Bowls Club: Jonathan Morton
Tullow Friends: Cleo Ellis
Tullow Book Club: Vera Tanner
Tullow Crafty Crew: Margaret Breadon
Altar Linens: Vera Tanner

Members of the Select Vestry:

Rev John Tanner (chair), Don Beck (treasurer), Jane Bowes (secretary), Patrick Abbott, Margaret Breadon, Hilary Cran, Torren Gale, Sheila Meredith, Ernie Porter, Alan Rhodes, Sandra Ruttle, Max Smyth, Patricia Stewart, Mandy Swanwick, Nigel Swanwick, Glenn Taggart, Chris Wojnar.

Welcome to the Tullow Parish newsletter. This is a very active parish so there's lots to report each month. We appreciate feedback - both critical and otherwise.

Email tullowdublinnewsletter@gmail.com

Please forward to other members of your family



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