



## TULLOW PARISH CARRICKMINES NEWSLETTER

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**JUNE 2023**

**In this month's newsletter:**

- Tullow Mini Fair
- Gift Day
- Work Party

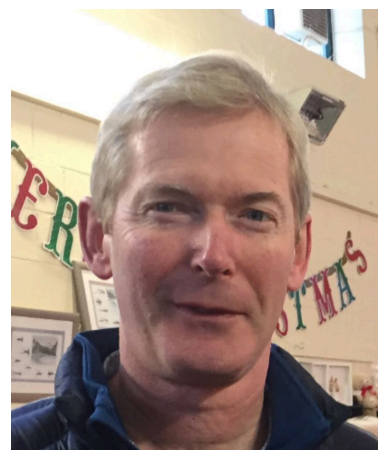
- Evergreens Walking Group Returns
  - Aventine Gardens Talks Series
  - Foxrock Tidy Towns
  - Tully Church and Park
  - Parish Organisations
- ....and much more
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## The Rector Writes

As we move into the month of June, we enter a time that can be extremely stressful for families – especially the extended families of those undertaking state examinations. Although there have been changes to both senior and junior cycle curricula, for those undertaking their Leaving Certificate, years of study and preparation are still concentrated into a couple of weeks of tests that can have a major impact of the candidate's future. Hopes and dreams ride on how many points can be achieved over these short weeks. It can be a time of uncertainty, anxiety, worry, self-doubt, nervousness and helplessness. It is a time which requires much self-care. It is a time to ensure that every effort is made to strike a balance between rest and study.

It is a time to seek calmness and peace – the calmness and peace which the world can never give, but only God. To quote John Ortberg, a clinical psychologist, 'If you don't come apart for a while, you will come apart in a while'.

This year is promising to be a 'normal' summer with the Covid-19 pandemic finally behind us. But, make no mistake,



infections have not gone away. However, due to the high level of vaccination, we can thankfully now be assured that most will only experience mild symptoms and therefore we can get on again with life once more without the anxiety of the past three years.

Finally, as we remember all those who are preparing for State Examinations and their families during Services over the coming weeks, we will also be remembering those who have undertaken third level examinations as they await results – especially those who have reached the end of their courses. We wish them all every blessing and it is our prayer that all their hard work will be justly rewarded.

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## DATES FOR YOUR DIARY

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### **Parish Work Party Saturday 17th June 10am - 1pm**

As in other years we're having a work morning to do some painting, cleaning and tidying in the church grounds. If you're free on the morning of Saturday

17th June put on your old clothes and come along at 10am - we need pairs of hands and there's usually a good laugh as well as cake!

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### **Gift Day Saturday 17th June Church Open 10am – 1pm**

In Tullow Parish the Gift Day is the largest single source of income in the year and has the added advantage of enabling us to claim tax back from the Revenue Commissioners. While the Select Vestry encourages people to give what they can, we are very grateful for the generosity shown by so many parishioners.

The church will be open from 10am to 1pm on Saturday 17th and provides an opportunity to drop in, have a cup of tea or coffee and chat with the Rector. The Parish Work Party is also on that morning.

Envelopes with your contribution may be placed in the special box at the back of the church, put on the collection plate at any Service or given to the Rector or Treasurer Don Beck. The Select Vestry extends its deepest thanks and appreciation in advance for your support of this important fund-raising effort.

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### **Aventine Gardens Talks Series Starting Thursday 8th June 10am**

In a collaboration with FACE, a series of three talks will be held in Aventine Gardens, Brighton Road (entrance through Tresilian) during June.

The first talk will be at 10am Thursday 8th June and will be an introduction to

Aventine Gardens and *the Importance of Horticultural Therapy and Therapeutical Horticulture*.

More information further in this newsletter.

Free entry but, as spaces are limited, please book by email:  
facefoxrock@gmail.com

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## **Evergreen Walking Club Returns Sunday 9th July**

Starting at car park outside St Kevin's Church (RC), Laragh, Co Wicklow  
Meet at 12.00 midday at Parish Hall after coffee.

The Club ceased its official walks in the period following Covid due to dwindling support, and as we were all avoiding social contacts. I have agreed to organise a walk in July, as detailed above, and I hope to see as many able bodied parishioners as possible!

Full details of the walk will appear in the July/August edition of the Newsletter. Meanwhile mark the date in your diary and wax your boots! And don't forget that the walk will be 2/3 hours in duration with some uphill sections on good tracks, and will require appropriate out door clothing and footwear.

I look forward to a good turnout.

Donald Gill

[087 1270592](tel:0871270592)

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## **NEWS**





## Tullow Mini Fair Saturday 27th May

A huge thank you to all the people who helped to make the mini fair last Saturday such a success. While the gorgeous weather certainly helped, it was the hard work beforehand which ensured that success. Preparation for such an event includes designing, printing and erecting (and taking down!) posters and distributing flyers as well as making sure that radio, social media help to spread the word. Originally it was intended to have just three stalls - bric à brac, books and cakes, however so many lovely items were donated that a new gifts stall became possible. The bakers, for whom Tullow is so well known, were enthusiastically complemented by a team who volunteered to do lunch and deli-type items. They were joined by the raffle experts thanks to the generous donors who provided prizes, and no fair is complete without a team making tea,

coffee and traybakes so that customers can sit and enjoy while having a good chat.

The books and bric à brac had to be sorted and all the stalls manned, flags put up, surplus stock removed at the end (thanks to the Sue Ryder Foundation and St. Vincent de Paul), money counted and everywhere cleaned and tidied afterwards. This was all a large commitment by a lot of people who, through their enthusiasm, created a warm and welcoming atmosphere for the large number of people who swarmed around the stalls as soon as they were allowed in.

The fact that some stalls sold out quite early on is a testament to the quality of the produce on offer. The large number who queued up before 10am and the number of young families was particularly gratifying to see. Thanks especially to all those who supported the mini fair by coming to buy - we couldn't have achieved anything without you! You also enabled us to raise well over €5,000.

The entire Team Tullow can take a bow 🙌 but special thanks to Sandra Ruttle who pulled it all together.

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[Home](#) | [Parks & Outdoors](#) | [Tully Park](#)

Tully Park is the flagship park at the very heart of Cherrywood, spanning 9-hectares of open space and providing a range of visitor attractions including fitness, play and ecological trails, active and passive recreational areas and playground with a café.

Central to the park will be a distinctive heritage area incorporating the three National Monuments of Tully Church, Tully Graveyard, and Tully High Cross.

### **Tell Us Your Good News!**

Many parishioners are aware of the link between Tully Church on Lehaunstown Lane and Tullow Parish (forerunner of Tullow Church), so will be interested to know that the church and cross are part of the new park which has just been opened by DLRCoCo. More information on

<https://www.dlrcoco.ie/en/parks/tully-park>

There must be many good news stories in the parish so please tell us - we'd love to share them. They don't have to be sporting stories - any good news is welcome. Tel Jane Bowes [086 8418138](tel:0868418138) or [bowesjane91@gmail.com](mailto:bowesjane91@gmail.com)

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## **PARISH ORGANISATION**

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### **After Church Coffee**



We need volunteers for the after church tea and coffee on Sunday mornings.

**Please help by volunteering** to join a panel of coffee/tea makers - it's very easy!

Each Sunday a team of two is required to bring some biscuits and milk, make the tea/coffee, load and unload the dishwasher and tidy up afterwards.

It's best if two people do it - just put your name down for whenever you're free. Someone else will volunteer to do it with you if needed.

### **Rota for June**

Sunday 4th - Barbara and David Cooper

Sunday 11th - Eileen and Richard Adams

Sunday 18th - Meta and Jonathan Morton

Sunday 25th - Heather and Ken Gregory

Thanks so much to those who volunteered in June, now volunteers for July are needed please.

**Please contact Barbara Cooper on [086 8446274](tel:0868446274) or email [barcoop@gmail.com](mailto:barcoop@gmail.com) and let her know when you'd like to help**

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### **Badminton Club Thursdays 8pm Parish Hall**

Tullow Badminton Club is a fun way to exercise - unfortunately the end of season tournament and party fell victim to various injuries and illnesses but we plan to start again in September with a flourish i.e. tournament and party.

Enjoy the summer

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### **Outreach - Bray Women's Refuge**

Thank to to everyone who supplied goodies for the BWR and to those who donated cash. 12 night dresses in various sizes were purchased, very much appreciated.

Hilary Cran

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## **Tullow Book Club**

*To Kill a Mocking Bird* by Harper Lee

Well deserving of its classic title! Regrets from one or two members that they hadn't read it sooner. Set in Alabama 1930's, the story takes you through the tragic circumstances of a trial where a black man is accused of raping a young white woman.

The choice for the next month is *Lessons in Chemistry* by Bonnie Garmus.

Vera Tanner

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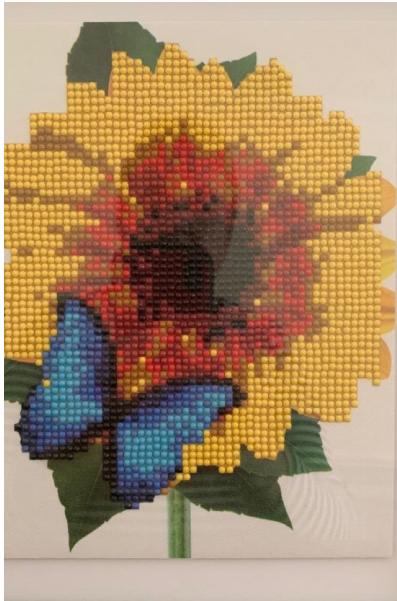
## **Tullow Bowls Club**

Tullow Indoor Bowls club is taking a break until September. The starting date will be in the September newsletter and we look forward to welcoming new members.

For further information contact

Jonathan Morton [01 2894121](tel:012894121) [085 7793250](tel:0857793250) or Hazel Alexander [087 9719836](tel:0879719836)

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### **Tullow Crafty Crew Parish Hall**

Tullow Crafty Crew met on Thursday 18th May in the Parish Hall. We had a relaxed session where attendees brought along their craft projects to work on. We will meet again the autumn. In the meantime “happy crafting”.

Margaret [087 2941078](tel:0872941078)

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### **Wednesday Coffee and Service 10.30am**

Do you like tea/coffee and a chat? Come along any Wednesday morning to a short Service in the church at 10.30am; coffee and chat afterwards in the Coffee Room in the Parish Hall.

All welcome.

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## **Teen Scene**

If you've finished school and are heading to the next phase of your life - good luck with the exams and also with the decisions to be made. Remember that exams and the associated results don't define a person or their future.

Enjoy the summer and hopefully the exam weather will extend beyond the exams timetable.

## **Smiling Is Infectious**

by Spike Milligan

Smiling is infectious,  
you catch it like the flu,  
When someone smiled at me today,  
I started smiling too.

I passed around the corner  
and someone saw my grin.  
When he smiled I realized  
I'd passed it on to him.

I thought about that smile,  
then I realized its worth.  
A single smile, just like mine  
could travel round the earth.

So, if you feel a smile begin,  
don't leave it undetected.  
Let's start an epidemic quick,  
and get the world infected!

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### **Support Tullow Parish Hall Tenants**

The Parish Hall has a wide range of groups and organisations using it. Most are taking a break now and we wish them a restful summer and look forward to welcoming them back in September.

Catherine will be continuing yoga classes - ideal summer exercise. Contact her if you'd like to join.

### **Yoga Classes**

Feel stretched, not stressed. Suitable for all levels. Mondays 8.15pm - 9.15pm.

Contact: Catherine [087 7864853](tel:0877864853)

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**JUST A  
THOUGHT**

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### **Prayer to the Holy Spirit for those doing examinations**

Spirit of God, in a special way, be with all who are facing important examinations and their families; Spirit of Wisdom, enlighten candidates to choose the correct optional questions; Focus their minds so that they may be able to answer each question clearly & concisely;

Spirit of God, grant them peace of mind & calmness of soul; Holy Spirit of Peace & Wisdom, come to the aid of all who call upon you, during examinations and always. **Amen.**



# Foxrock Village

2023 Series of talks by Shane Adderley,  
Head Gardener, Lis Na Carrig, a collaboration  
between Aventine Gardens & F·A·C·E

ALL TALKS WILL BE HELD IN A NEWLY DESIGNED STUDIO IN  
AVENTINE GARDENS, BRIGHTON ROAD, D18 X7P4\*

*\*entrance is from Tresilian*

**10.00am to 11.00am.**

- **Thursday 8th June:** Introduction to Aventine Wellness Gardens and the importance of Horticultural Therapy and Therapeutical Horticulture
- **Tuesday 13th June:** Composting – how to do it effectively
- **Tuesday 20th June:** Watering – Dos and Don'ts

**Please note: spaces are limited so please book early!**

**Email: [facefoxrock@gmail.com](mailto:facefoxrock@gmail.com)**



Foxrock Area Community & Enterprise Ltd.

 @foxrockvillage  @foxrock\_village



Aventine Gardens



## Foxrock Tidy Towns

For the last number of years, thanks to the hard work of a lot of people, the number of marks which have been awarded to Foxrock has increased so that

we are now within shouting distance of the leaders.

Judging will take place during June and July so please help to keep your road tidy and litter free especially during this period and increase the marks for Foxrock.

Thanks from FACE (Foxrock Area Community and Enterprise).



# There's no such thing as the Dog Poo Fairy...



**Please -  
Bag it & Bin it.**

**Compostable poo bags available free of charge  
in GRUMPS if you leave home without one  
- only one per pooch!!**

Please only dispose of poo bags in Big Belly Bins located on Beckett Green



### **Photographic Archive and Local History**

Please have a look in albums, boxes etc and see if you have any photos of people or places of interest to the Parish or the wider Foxrock area.

Jane Bowes [bowesjane91@gmail.com](mailto:bowesjane91@gmail.com) or [086 8418138](tel:0868418138) if you find any.

The above photo, unfortunately undated, is of Mick Cunniam at his farm at Cornelscourt. The houses at Kerrymount Close/Rise/Green were built on his farm.

Thanks to Myles Reid of Foxrock Local History Club for the photo.

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### **Remember the Parish**

Over the years legacies from parishioners have made a huge difference and the Parish is most appreciative. May I, once again, ask parishioners to please consider Tullow Parish in their wills?

Don Beck  
Hon Treasurer

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## Remembrance Garden

Don't forget that the right to burial in our peaceful Remembrance Garden is available to parishioners for €1,500 and a limited number of spaces for non-parishioners are available at €2,500. Please consider telling your friends and family about this oasis of peace. Contact the Rector if you're interested.

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## Parish Online Services and Parish Newsletter

The church is open for the 8.30am and 10.30am Sunday Services. The 10.30am Service is live-streamed every Sunday so you can watch it wherever you are - just log into the Parish website [www.tullowdublin.org](http://www.tullowdublin.org). It's also available to view on the website afterwards and on Facebook at Tullow Parish whenever you wish.

If you know of anyone who is not on the Parish email list and would like to receive the newsletter and other communications from the Parish please contact

[tullowdublinnewsletter@gmail.com](mailto:tullowdublinnewsletter@gmail.com) or Jane Bowes [086 8418138](tel:0868418138).

Under GDPR regulations someone has to request to be put on the email list. If someone is on the Parish List and we have their email address then we are permitted to add them to the email list but we do need their email address so don't assume we already have it!

## Website, Facebook & Instagram

The Parish website [www.tullowdublin.org](http://www.tullowdublin.org) and our Facebook page (search for Tullow Parish) are kept up to date by Alan R and, thanks to Samm, they are widely promoted - the effectiveness of this is illustrated by the very impressive viewing figures for the online Services.

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**Thanks are due to all these people who help to keep Tullow an active, vibrant parish. Let the Rector know if you would like to contact any of**

**them.**

Rector: Rev John Tanner [086 3021376](tel:0863021376)

Lay Ministers: Alan Rhodes and Mandy Swanwick

Rector's Church Warden: Leslie Ruttle

People's Church Warden: Torren Gale

Rector's Glebe Warden: Ernie Porter

People's Glebe Warden: Chris Wojnar

Pastoral Assistant: Patricia Stewart

Organist: Dr Paul McNulty

Parish Treasurer: Don Beck

Select Vestry Secretary: Jane Bowes

Envelope Scheme: Torren Gale

Sustentation Fund: Owen Driver

Readers & Coffee Rota: Barbara Cooper

Connect Group & Clevis Drivers Rota: Jennifer Sowman

Wednesday Coffee: June Hayes

Parish Newsletter: Jane Bowes

Parish Hall Bookings: Jennifer Sowman

Parish Hall Committee: Rev John Tanner, Margaret Breadon, Barbara Cooper, Jonathan Morton, Ernie Porter, Chris Wojnar

Flower Rota: Sandra Ruttle

Bell Ringer: David Cooper

Church of Ireland Review: Jill Malcolm

Badminton:

Bowls Club: Jonathan Morton

Tullow Friends: Cleo Ellis

Tullow Book Club: Vera Tanner

Altar Linens: Vera Tanner

**Members of the Select Vestry:**

Rev John Tanner (chair) Don Beck, Jane Bowes, Margaret Breadon, Hilary Cran, Torren Gale, Sheila Meredith, Ernie Porter, Alan Rhodes, Leslie Ruttle, Sandra Ruttle, Patricia Stewart, Mandy Swanwick, Nigel Swanwick, Bob Willis, Chris Wojnar

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Welcome to the Tullow Parish newsletter. This is a very active parish so there's

lots to report each month. We appreciate feedback - both critical and otherwise.

Email [tulowdublinnewsletter@gmail.com](mailto:tulowdublinnewsletter@gmail.com)

Please forward to other members of your family



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**Our mailing address is:**

Tullow Church, Brighton Road, Carrickmines, Dublin 18 RF79

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