



**TULLOW PARISH CARRICKMINES
NEWSLETTER**



A Happy and Peaceful Easter to All

If you are reading this on the Gmail app make sure you click on VIEW ENTIRE MESSAGE at the end otherwise you'll miss half the newsletter!

APRIL 2023

In this month's newsletter:

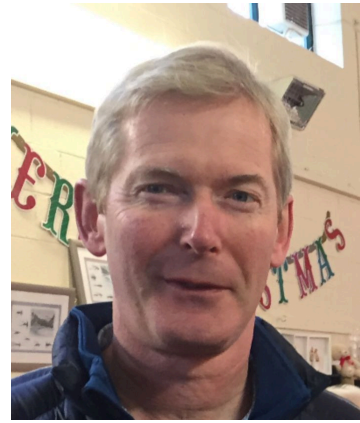
- Easter Services
- Soup Lunch
- Bric à Brac, Books and Cakes
- Easter General Vestry
- Celebrating the Grand Slam
- Favourite Recipes
- Tin Church
- Defibrillator Training
- Parish Organisations
- ...and much more

The Rector Writes

Over the coming week culminating in Easter, the Church will be transforming itself from the traditional self-introspection and austerity of Lent to the celebration of the central festival on which the Church is founded. The resurrection event which is Easter is the single most important festival in the Christian Church's year – it is so important that it convinced the early Church (which was predominantly Jewish) to move their Sabbath from Saturday to Sunday. In this way, it can be contended that as Christians we celebrate Easter every Sunday of the year but with a particular emphasis on Easter Sunday itself. It is for this reason that the Sunday after Easter is often referred to as "Low Sunday" as it marks the return to a normal routine after the "high" of Easter Sunday.

This year, our Easter General Vestry is scheduled for the third Sunday of Easter, 23rd April. In its own way, this annual meeting of Church members will be more special as it is deemed to be a triennial – in other words it happens only once every three years. At this meeting, besides the routine election of a Select Vestry, Church Wardens and Glebe Wardens, there will be elections for three Diocesan Synods delegates (and three supplementals). There will also be elections for three Parochial Nominators (and three supplementals) – those who are entrusted on behalf of the parish with the task of selecting a new Rector should a vacancy arise. All of these roles are essential to the continuity and smooth running of our parish and it is very important that as many parishioners as possible actively participate in the process.

I would like to take this opportunity to wish all readers the joy and hope of our risen Lord.



Christ is risen! The Lord is risen indeed. Alleluia!



Holy Week and Easter Services in Tullow

Palm Sunday 2nd April

8:30am – Holy Communion

10:30am – A Service for Palm Sunday

Wednesday in Holy Week 5th April

10:30am – Matins with Litany

8:00pm – An Evening Service

Maundy Thursday 6th April

8:00pm – Holy Communion

Good Friday 7th April

8:00pm – An Evening Service

Easter Day Sunday 9th April

8:30am – Holy Communion

10:30am – Holy Communion

DATES FOR YOUR DIARY



Soup Lunch Sunday 2nd April Parish Hall after 10.30am Service

Tullow Soup Lunches are very enjoyable and Sunday 2nd April will not be an exception. Come along, chat and enjoy tasty soup, breads and sweet treats and support the Irish Cancer Society.

Vera Tanner

Easter General Vestry Sunday 23rd April at 12 noon in the Parish Hall

The Easter General Vestry is a bit like the AGM of the Parish. A new Select Vestry (committee) will be elected and the members will guide the Parish over the next year under the leadership of the Chair who is the Rector. This year is a Triennial which means it will include election of Diocesan Synods members (and supplementals) and Parochial Nominators (and supplementals).

Come along and have your say about the future of the Parish. It does NOT mean you'll get landed with a job!



BBC at Tullow Saturday 27th May 10am - 12.30pm

Planning and preparations for the **BBC at Tullow event** on Saturday 27th May are underway. It won't be as big as a Spring or Autumn fair but there will be plenty of bargain treasures to be had at the **Bric à Brac** stall, reading material to last you for months at the **Books** stall, **Cakes** and other sweet and savoury treats to be bought and, of course tea, coffee and delicious tray bakes to enjoy while you make purchase decisions.

We need things to sell at the stalls so for

Bric à Brac please contact Leslie Ruttle on 087 2344965

Books please contact Jane Bowes on 086 8418138 (Books have to be sorted so please bring them **before** the day of the Fair)

Cakes, breads, sweet and deli-type treats please contact Hilary Cran on 087 2216053

Please do not donate anything which is dirty, broken or incomplete - it costs us to get rid of them and they cannot be put on sale.

NEWS

Use of the Common Cup at Holy Communion - email from the House of Bishops

Below is an extract from an email recently sent out by the House of Bishops of the Church of Ireland. The full text of the email has been sent to all parishioners on the parish email list. In essence all parishes are ordered to return to using common chalices for Holy Communion.

- specific permissions given by individual bishops for the use of individual vessels at Holy Communion will lapse after Pentecost Sunday 2023
 - Thereafter the administration of the consecrated wine at Holy Communion in our churches should involve the common cup only
 - Those who remain for their own reasons nervous about receiving from the common cup should be respected, and they should receive in one kind only, with an assurance that the Church teaches that the sacrament can be fully received in one kind
 - People who are obviously the victims of infections that involve coughing and sneezing should probably think twice before coming to church, and certainly out of courtesy to others should show temporary gracious restraint in not seeking to receive from the common cup
 - We ask that communicants do not themselves intinct (dip) the consecrated bread they have received in the wine. This is based on clear medical advice - intinction can spread infection from fingers to the wine, and crumbs of bread left in the wine can be problematical for other people who wish to receive it, eg coeliacs
 - Chalices should be kept scrupulously clean, and washed with very hot soapy water after services before being put away. Defects on chalices eg torn lips should be professionally repaired
 - It is generally held that noble metal rather than pottery vessels can be used more hygienically
 - It is really important that chalices be wiped fully using clean cloth (preferably linen) purificators. The use of tissues can spread infection; the use of proper cloth purificators significantly diminishes it.
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Save a Life - Learn to do CPR and Use a Defib

As reported last month, Foxrock Village now has an AED (defibrillator) which is on the Sherry Fitzgerald building near the traffic lights. If you need to use the AED the device will tell you what to do, however, would you like to know more and have the confidence to use one in the event of an emergency?

Would you like to know how to save a life using CPR (Cardiopulmonary Resuscitation)?

That life could be a family member, a neighbour or a friend!

FACE is organising **AED and CPR training** for anyone who is interested. It will be in the evening in Foxrock Village, it's free and will only take a couple of hours. We will have more than one session so please email bowsjane91@gmail.com if you are interested.

Daffodil Day in Tullow Sunday 26th March

Sincere thanks to all who so generously supported our special Daffodil Day after Church coffee. €330 was raised for this very worthy cause, which we are sure will be welcomed by the Irish Cancer Society.

Hilary and Barbara



The United Diocese of Dublin and Glendalough

Job Vacancy Assistant to the Diocesan Secretary

The Church of Ireland Dioceses of Dublin & Glendalough wishes to recruit a personal assistant to the Diocesan Secretary based in the Diocesan Office, Church of Ireland House, Rathmines, Dublin 6

Key Requirements:

- Strong communication, written and verbal skills.
- Excellent presentation and interpersonal skills.
- Ability to prioritise workload.
- Competent in Microsoft Office / Excel.
- Ability to work on own initiative.
- Flexibility to undertake assignments/projects (*training will be provided where necessary*).

Applicants are invited to email a CV with a covering letter outlining their suitability to Hon. Secretaries of Diocesan Councils at admin@dublin.anglican.org

Beckett in Foxrock in Print

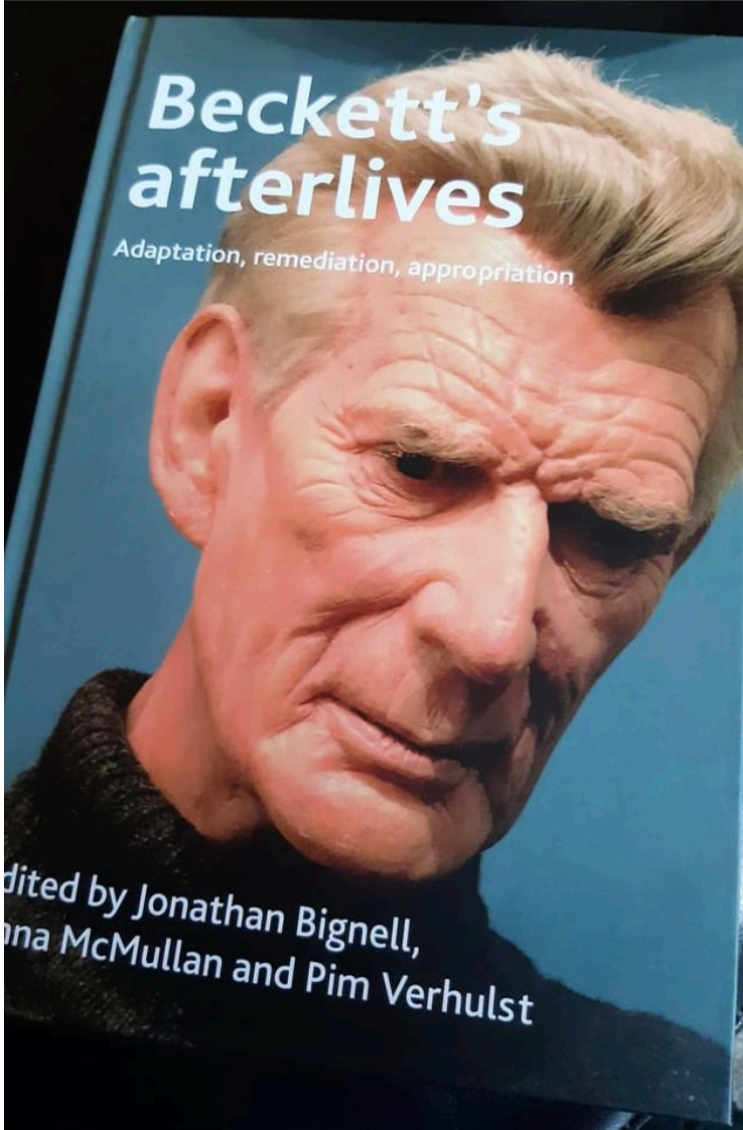
In 2019 Beckett in Foxrock organised the performance in Tullow Church by Mouth on Fire theatre company of Samuel Beckett's radio play *All that Fall*. Set in Foxrock, audience members, among whom were President and Mrs Higgins, were blindfolded and heard the sounds of Brighton Road, Foxrock Village and Foxrock Station. It was such a unique occasion that Dr. Feargal Whelan, a Beckett expert and well known to Beckett in Foxrock attendees, wrote a chapter about it in a new book *Beckett's Afterlives* just published by Manchester University Press.



Feargal Whelan

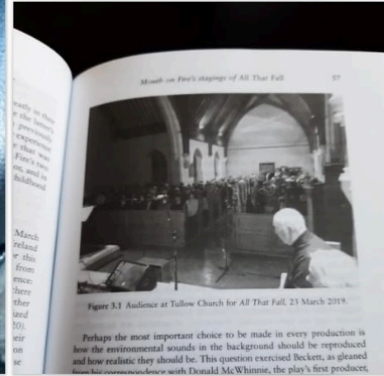
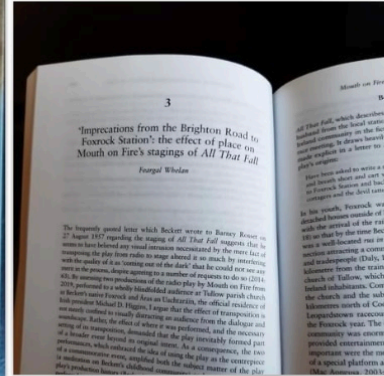
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Wonderful delivery by Mr Postman. Delighted to be in exceptional company in this terrific book. Thanks for the opportunity and all your work [Pim Verhulst](#), Anna McMullan and Jonathan Bignell. Also to Mouth on Fire, [Melissa Nolan](#), Cathal, [Jane Alger Bowes](#) John Tanner and all in Tullow Church.



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Tell Us Your Good News! Ireland Won the Grand Slam!

Did the whole nation really come to a standstill in the late afternoon on Saturday 18th March as we cheered on the Irish team to win the first rugby Grand Slam on home soil?

We in Tullow are very proud of Andrew and all his teammates as well as all the 'back room' staff. Many of us smile when we remember the small but

determined little boy who led his parents a merry dance when he'd come to church - especially when he'd try to climb the front of the pulpit!

The photo of Andrew holding the trophy is from the *Sunday Times 19th March 2023*

There must be many good news stories in the parish so please tell us - we'd love to share them. They don't have to be sporting stories - any good news is welcome. Tel Jane Bowes 086 8418138 or bowesjane91@gmail.com

PARISH ORGANISATION

After Church Coffee

We need volunteers for the after church tea and coffee on Sunday mornings.

Please help by volunteering to join a panel of coffee/tea makers - it's very easy!

Each Sunday a team of two is required to bring some biscuits and milk, make the tea/coffee, load and unload the dishwasher and tidy up afterwards.

It's best if two people do it - just put your name down for whenever you're free. Someone else will volunteer to do it with you if needed.

Rota for April

Sunday 2nd - Soup Lunch

Sunday 9th - Deirdre Gill, Barbara and David Cooper

Sunday 16th - Eileen and Richard Adams

Sunday 23rd - Heather and Ken Gregory (Easter General Vestry)

Sunday 30th - Barbara and David Cooper

Thanks so much to those who volunteered in April, now volunteers for May are needed please.

Please contact Barbara Cooper on 086 8446274 or email barcoop@gmail.com and let her know when you'd like to help



Badminton Club Thursdays 8pm Parish Hall

Tullow Badminton Club is a fun way to get some exercise. We are not (very) competitive, we do like to have a laugh but also test our muscles and stamina while doing so. Some of the group decided to take advantage of a fine, but chilly, spring day and follow Jenny up the back way to the Lead Mines! New members always welcome. If you'd like to join us come along any Thursday evening or phone Jane on 086 8418138

Tullow Bowls Club Tuesdays 7.30pm Parish Hall

Tullow Indoor Bowls meet in the Parish Hall every Tuesday at 7.30. So far this season the bowling has been good and the socialising has been most enjoyable.

Anybody who would like to come along and have a go would be very welcome. Flat shoes are essential.

For further information contact

Jonathan Morton 01 2894121 085 7793250 or Hazel Alexander 087 9719836



Tullow Crafty Crew Parish Hall

Tullow Crafty Crew met on Thursday 30th March in the Parish Hall. We had a relaxed session where attendees brought along their craft projects to work on. The next session will be on Thursday, 27th April. If you are a crafter come & join us!

Margaret 0872941078

Wednesday Coffee and Service 10.30am

Do you like tea/coffee and a chat? Come along any Wednesday morning to a short Service in the church at 10.30am; coffee and chat afterwards in the Coffee Room in the Parish Hall.

All welcome.

Extract from Select Vestry Meeting of 20th March

Most items discussed are reported in elsewhere in this newsletter.

Support Tullow Parish Hall Tenants

The Parish Hall has a wide range of groups and organisations using it. Among those are:

Fitness League Exercise Classes for the Active Retired

Effective and beneficial low impact standing and chair-based exercises particularly suitable for Seniors who don't want to exercise on the floor. Improve posture, balance and coordination encouraging a greater range of movement, fewer aches and pains.

Mondays 2.15 - 3pm

Contact: Yvonne 086 3900223

Irish Dancing Classes

Mondays at 5pm. Beginner Level. Register online at irishdancingclasses.ie or contact Deirdre at 086 2438118

Yoga Classes

Feel stretched, not stressed. Suitable for all levels. Mondays 8.15pm - 9.15pm.

Contact: Catherine 087 7864853

Little Star Preschool

Early education 2.5 years - 5 years. Mon - Fri 9am - 12.30pm

Contact: Lynda 087 2252201 www.littlestarpreschoolfoxrock.ie

Take 2 Performing Arts School (Estab 1988)

Drama Classes Mon - Thurs afternoons 5 - 18 year olds

Musical Theatre Classes - Sing, Dance, Act! Sat 3 - 12 year olds; Thurs evenings. 12 - 18 year olds

All children take part in end of year performance in Pavilion Theatre.

Contact: pamela@take2.ie or www.take2.ie

JUST A THOUGHT

An Easter Prayer

Lord God, you loved this world so much, that you gave your one and only Son, that we might be called your children too.

Lord, help us to live in the gladness and grace of Easter Sunday, every day.

Let us have hearts of thankfulness for your sacrifice.

Let us have eyes that look upon your grace and rejoice in our salvation.

Help us to walk in that mighty grace and tell your good news to the world.

All this we pray for your glory through Jesus Christ our risen Lord.

Amen.

Favourite Recipes

Many of us are wary about baking or cooking anything beyond the basics. By special request a new feature of the newsletter will be favourite **easy** recipes as recommended by parishioners.

If you have an easy recipe you'd like to share please email bowsjane91@gmail.com

This month Jill Malcolm is sharing her famous melt-in-the-mouth shortbread recipe. It was in a recipe book which came with Jill's first cooker in 1960!

Shortbread Biscuits

12oz/340g plain flour **or**

8oz/227g plain flour and 4oz/113g rice flour or ground rice

4oz/113g caster sugar

8oz/227g butter from the fridge

Pinch of salt

- Put all the ingredients into a mixing bowl and mix together until they form a smooth dough - much easier in an electric mixer.
 - Knead on a floured board and roll out to 1/4 inch thickness.
 - Cut into rounds with 2 inch cutter.
 - Place on ungreased baking tray and bake for 16 minutes in the oven 180deg/160deg fan.
 - **Enjoy!**
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Photographic Archive and Local History

Please have a look in albums, boxes etc and see if you have any photos of people or places of interest to the Parish or the wider Foxrock area.

Jane Bowes bowesjane91@gmail.com or 086 8418138 if you find any.

The above photo is of the 'Tin Church' which was on Torquay Road from 1906 - 1935 and occupied the site of the present houses Domic, Lisryan and Enniscone. It was removed when Foxrock Church was completed in 1935 and its gates are now at the Presbytery on the Bray Road near the pedestrian bridge. Pedestrian paths led to the church from Knocksinna, what is now Loreto Foxrock and across Foxrock Golf Club from Golf Lane off Westminster Road. Thanks to Myles Reid of Foxrock Local History Club for the photo.

Foxrock Local History Club

Tuesday April 11th 8pm **via Zoom ONLY** - *Life and Times of Pugilist Dan Donnelly* by Larry Breen. Born in the docklands area of Dublin City in 1788, Dan Donnelly became a legend in his own lifetime but his exploits and fame have now been largely forgotten. He became a heavyweight champion pugilist in the bare-knuckle era of boxing, a publican, a playboy and a womaniser all rolled into one.

Non-members send an email requesting a password this meeting to info@foxrocklocalhistory.ie

Tuesday April 18th 8pm **in Foxrock Church Parish Hall ONLY** - *Knocksinna Foxrock - the houses and the people* - a talk by Vincent Delaney.

The best collection of Art Moderne style houses in the city were constructed around 1937 at Knocksinna off the Bray Road. These are a late Art Deco style by the International Moderne Movement which emerged in the late 1930s and influenced the building style of this period.

Admission free for members, €5.00 for non-members.

Annual membership €20. Check membership page on www.foxrocklocalhistory.ie



Easter **Egg Hunt**

Good Friday, 7th April 2.00pm to 4.00pm

**Aventine Gardens, Tresilian, Brighton Road,
Foxrock, Dublin 18, D18 X7P4**

**A fun day for families in the beautiful
surroundings of Aventine Gardens**



As the entrance to Aventine Gardens is from Tresilian - a cul-de-sac - please walk, cycle or 'scoot' if possible to ensure access is kept free for residents.

Remember the Parish

Over the years legacies from parishioners have made a huge difference and the Parish is most appreciative. May I, once again, ask parishioners to please consider Tullow Parish in their wills?

Don Beck
Hon Treasurer

Remembrance Garden

Don't forget that the right to burial in our peaceful Remembrance Garden is available to parishioners for €1,500 and a limited number of spaces for non-parishioners are available at €2,500. Please consider telling your friends and family about this oasis of peace. Contact the Rector if you're interested.

Parish Online Services and Parish Newsletter

The church is open for the 8.30am and 10.30am Sunday Services. The 10.30am Service is live-streamed every Sunday so you can watch it wherever you are - just log into the Parish website www.tullowdublin.org. It's also available to view on the website afterwards and on Facebook at Tullow Parish whenever you wish.

If you know of anyone who is not on the Parish email list and would like to receive the newsletter and other communications from the Parish please contact

tullowdublinnewsletter@gmail.com or Jane Bowes 086 8418138.

Under GDPR regulations someone has to request to be put on the email list. If someone is on the Parish List and we have their email address then we are permitted to add them to the email list but we do need their email address so don't assume we already have it!

Website, Facebook & Instagram

The Parish website www.tullowdublin.org and our Facebook page (search for Tullow Parish) are kept up to date by Alan R and, thanks to Samm, they are widely promoted - the effectiveness of this is illustrated by the very impressive viewing figures for the online Services.

Thanks are due to all these people who help to keep Tullow an active, vibrant parish. Let the Rector know if you would like to contact any of them.

Rector: Rev John Tanner 086 3021376

Lay Ministers: Alan Rhodes and Mandy Swanwick

Rector's Church Warden: Leslie Ruttle

People's Church Warden: Torren Gale
Rector's Glebe Warden: Ernie Porter
People's Glebe Warden: Chris Wojnar
Pastoral Assistant: Patricia Stewart
Organist: Dr Paul McNulty
Parish Treasurer: Don Beck
Select Vestry Secretary: Jane Bowes
Envelope Scheme: Torren Gale
Sustentation Fund: Owen Driver
Readers & Coffee Rota: Barbara Cooper
Connect Group & Clevis Drivers Rota: Jennifer Sowman
Wednesday Coffee: June Hayes
Parish Newsletter: Jane Bowes
Parish Hall Bookings: Jennifer Sowman
Parish Hall Committee: Rev John Tanner, Margaret Breadon, Barbara Cooper,
Jonathan Morton, Ernie Porter, Chris Wojnar
Flower Rota: Sandra Ruttle
Bell Ringer: David Cooper
Church of Ireland Review: Jill Malcolm
Badminton:
Bowls Club: Jonathan Morton
Tullow Friends: Cleo Ellis
Tullow Book Club: Vera Tanner
Altar Linens: Vera Tanner

Members of the Select Vestry:

Rev John Tanner (chair) Don Beck, Jane Bowes, Margaret Breadon, Ashlyn Casey, Hilary Cran, Torren Gale, Ken Gregory, Ernie Porter, Alan Rhodes, Leslie Ruttle, Sandra Ruttle, Patricia Stewart, Nigel Swanwick, Bob Willis, Chris Wojnar

Welcome to the Tullow Parish newsletter. This is a very active parish so there's lots to report each month. We appreciate feedback - both critical and otherwise.

Email tullowdublinnewsletter@gmail.com

Please forward to other members of your family



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