



TULLOW PARISH CARRICKMINES NEWSLETTER



Merry Christmas and a Happy and Healthy New Year to All

*If you are reading this on the Gmail app make sure you click on **VIEW ENTIRE MESSAGE** at the end otherwise you'll miss half the newsletter!*

DECEMBER 2020/JANUARY 2021

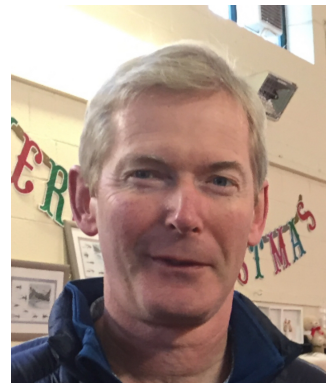
In this month's newsletter:

- Christmas Services
 - Day in the Life of the Rector
 - Alexander's Story
 - Appeal from Bray Women's Refuge
 - Walking in Blackrock
 - History of Kilternan
 - Tasty Treats
 - Fun in Foxrock Village
-and much more
-

The Rector Writes

We are at the beginning of a brand-new Church year which began on Advent Sunday 29th November. Advent is a season on preparation in hope for the coming of Immanuel (God with us) as we make ready to celebrate Christmas when God was born as a human being over two thousand years ago. It is an opportunity for new beginnings and, after almost 9 months of bad news regarding the Coronavirus pandemic, we are finally beginning to see fresh green shoots of hope. As I write, two vaccines with over 90% effectiveness are seeking emergency approval and a roll-out is expected before the end of December/early January. Obviously, those most at risk, as well as front-line workers, will be the first to be offered a vaccine. However, we must remember that a vaccine is only as good as the number of people who are willing to be vaccinated and therefore it is hoped that there will be a high percentage take-up as it comes on stream.

It has often been stated that Christmas this year will be unlike any other. It is likely that many restrictions regarding gatherings, both socially and in families, will continue to remain in place. Gatherings for worship will be no exception and at best we can only expect to be allowed to have small numbers at public Services around Christmas. Once we have clarity around this, I will arrange to have details circulated of how we might arrange such Services. However, be assured that virtual Services will continue.



One of the proposals being considered is how Holy Communion may be celebrated and distributed this Christmas. Special permission has been granted by the House of Bishops to allow for a celebration of Holy Communion on Christmas Eve morning, following which elements can be collected/distributed to parishioners. Then, at 9:00pm on Christmas Eve, a Service of Holy Communion will be live-streamed during which people will be invited to receive the bread and wine. This should allow participants to feel a tangible sense of 'communion' as we all join together in receiving the body and blood of Christ.

I would like to take this opportunity on behalf of my family and myself to wish one and all a very Happy, Holy and Peaceful Christmas and every Blessing for a Hope filled New Year!



Services at Christmas

Now that we're in December thoughts are turning more and more to Christmas and how we can celebrate it. While some clarity was given by An Taoiseach on Friday (see below) the details about Christmas Church Services still have to be worked out, at diocesan and at parish level.

However we do know that:

- **There will be a physical Service in the church at 10.30am starting next Sunday 6th December**
- Online Services will continue

- Social distancing will continue to limit the number of people who can safely enter the church
- As the Rector mentions in *The Rector Writes*, it is hoped to have a Communion Service on Christmas Eve
- The possibility of other Services is being actively investigated
- Everyone will be notified as soon as possible about the details of Services at Christmas

If you know of anyone who is not on the email list and would like to receive email links to the online Services please contact

tullowdublinnewsletter@gmail.com or Jane Bowes 086 8418138. The Service is emailed to everyone on the parish list every Saturday evening but of course you can watch it whenever suits you.

The Services are also available on the Parish website

<https://tullow.dublin.anglican.org/> and also on Facebook at Tullow Parish and YouTube under Tullow Parish Carrickmines

Guidance for Religious Services from Dept. of the Taoiseach

Published on 27 November 2020

Special concession for Places of Worship to re-open for religious services at Level 3, from 1 December.

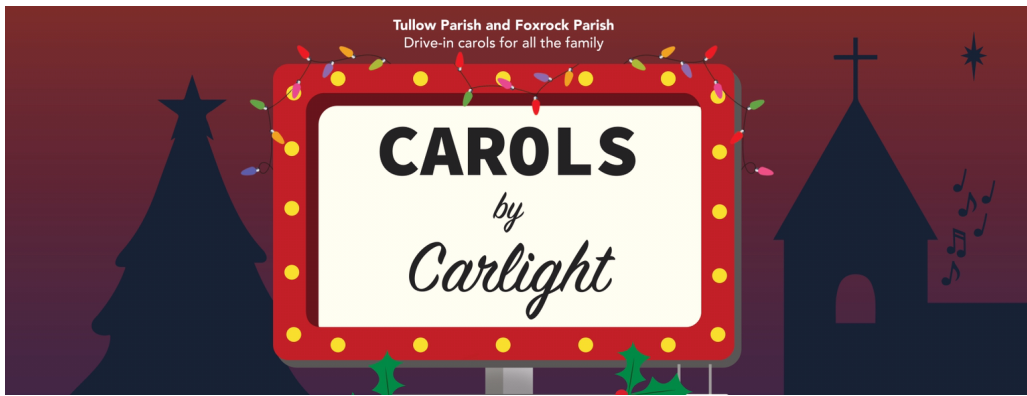
This will allow for up to 50 worshippers (*space permitting*) to attend services with the following protective measures:

- 2 metre social distancing guidelines adhered to (members of the same household can sit/stand close together)
- wearing of face coverings
- where possible separate points of entrance and exit, clearly marked
- no congregation by people outside the premises before and after any service
- stewards on site to assist in this regard

Additional measures to be put in place to address overcrowding, to include scheduling additional services, increased stewarding and an advance booking system, where necessary.

Services should not exceed one hour (this includes entrance and exit times) with at least one hour between services to allow for cleaning and ventilation and to avoid crowding/overlap.

Specific guidance on choirs (as part of the service), chanting and congregational singing will be provided.



Unfortunately we had to cancel the *Carols by Carlight* drive-in Carol Service which we had organised in association with Foxrock Parish. It would have been a wonderful event and would have given people the chance to sing along with their favourite carols. However there's always the hope of something similar next Christmas when we should be able to get out of our cars and sing our hearts out!

There's nothing for it now but to tune into Christmas fm radio at 105.2 fm in Dublin where the charity partner this year is Alone.

<https://christmasfm.com/about-us/alone/>

We can also hope that Tullow Choir may be able to lift our spirits with an online Service.

A Day in the Life of....The Rector in a Pandemic

There is no such thing as a 'typical day' in the life of a Rector – even during a pandemic. There are some set routines for different days of the week, but even they can often end up being rescheduled as priorities and circumstances dictate. With this in mind, and for the purposes of this exercise, I have focused on just one recent Thursday.

The work day began shortly after 8:00am by logging in and checking emails. 2 required an urgent response taking almost 30 minutes to research and compose replies.

Thursday morning is Sermon morning! The readings and theme for Sunday have been read daily since Monday with some ideas written down. A final read-through and reflection on notes already compiled is completed. Finally, settle down to begin writing at 9:00am. Phone call at 9:20am changes the day's priorities and means the sermon will have to wait. I arrange to meet person who made the phone call face to face in the church building as there is an urgent matter to be dealt with. As I know it involves making a charitable application, forms have to be prepared and a list of questions that need to be answered compiled. Meeting takes place at 9:45am but takes longer than expected due to complicating pastoral factors. Meeting finally concludes at 10:25am and both a prescribed form and covering report are prepared. This is completed at 10:55am with just 5 minutes to spare before a scheduled Zoom meeting dealing with aspects of the impact of the Coronavirus pandemic on

parish and diocesan ministry. This involved a small group of both diocesan clergy and laity. The meeting concludes at 12:25pm having made considerable progress but with some additional groundwork to be completed by participants ahead of the weekend.

Emails are again checked and, with some additional pressing matters to be dealt with, it is time for a lunch-break at 1:15pm.

Thursday afternoon is usually my afternoon for visiting Leopardstown Park Hospital (LPH) and today is no exception. I report to LPH reception at 2:00pm and have to have my temperature taken and complete a questionnaire before being allowed in. I also have to access PPE (mask, apron and gloves) before being allowed to proceed. Following some brief pastoral engagements with staff I visit residents in the hospital. Each ward is a de facto pod where residents do not need to wear masks and they can move around freely.

However, all staff, because they come in from outside, must wear PPE thus protecting and respecting a highly controlled environment. Following visits in the hospital, I head for the Clevis independent living unit. Tullow parishioners are familiar with a number of these residents as they regularly attended Church Services before the pandemic. I am delighted to report that they are all doing well and able to get outdoors for walks in the extensive grounds of the hospital as well as being kept engaged in quizzes, arts and crafts, video shows, games and even our weekly virtual Services. Gladys has adopted a seat neat the door where she can be regularly found reading the day's newspaper without need of glasses! As tea time in the Clevis is scheduled for 5:00pm I leave the residents in time for them to get to the dining room.

Upon returning home, I try to fit in some phone calls to parishioners before dinner time. These phone calls now necessarily take the place of home visits as such visits are deemed to be high risk – both to parishioners and to residents of LPH.

After dinner, I again return to writing my sermon which was abandoned earlier. This is under deadline as I have to record by tomorrow afternoon if at all possible.

The day is rounded off by walking the dogs and hopefully clearing the head before bedtime!

JUST A THOUGHT

Collect Prayer for the First Sunday of Advent

*Almighty God,
give us grace to cast away the works of darkness
and to put on the armour of light
now in the time of this mortal life
in which your Son Jesus Christ came to us in great humility;
that on the last day
when he shall come again in his glorious majesty
to judge the living and the dead,
we may rise to the life immortal;
through him who is alive and reigns with you and the Holy Spirit,
one God, now and for ever. Amen*
Thomas Cranmer

Outreach - Bray Women's Refuge

Bray Women's Refuge has had a huge surge in demand for help with almost double the monthly numbers seeking crisis accommodation for themselves and their children (last month over 50). Individuals are also seeking support for court application processes for their protection. The donation we gave in the summer goes towards help with the latter and we hope to be able to provide pyjamas, personal hygiene items and seasonal treats for those in the accommodation.

Thank you very much to those who have already given, I hope to have a car full for my visit to them in mid December.

Thank you in anticipation.

Hilary Cran

087 2216053

Parish Hall Bookings

We are delighted that Jennifer Sowman has agreed to look after managing the tenants and bookings for the Parish Hall. Jennifer has taken over from Paul Hayes who so ably looked after the bookings for over 10 years.

Church of Ireland Review

The Church of Ireland Review is back in print after a brief online only period earlier this year. If you are a subscriber you'll have received emails telling you when issues are ready for collection. Jill Malcolm has them so please don't leave them sitting on her hall table! Her address is in the emails you received and some may owe Jill money! If you'd like to receive the *Review* let Jill know by sending a text to the Rector on 086 3021376.



Welcome Alexander

Alexander Chisnall is a Student Reader who will be with us for a few weeks. Unfortunately we may not have many opportunities to meet him in person but here he tells us a bit about himself:

My name's Alexander. I am 26 years old. I grew up and have lived in Dublin my whole life. My home church is Crinken (St. James'), Shankill, County Dublin. I am recently engaged to Hannah, and we plan to get married next summer. I

studied theology in Trinity College Dublin for my undergraduate. And I am now in second year in the Church of Ireland Theological Institute.

I love to walk, run and swim outdoors. I enjoy reading and playing violin (though limited in my playing ability). I also love to cook and bake (though I don't have a very sweet tooth - so don't often eat the baked goods I make).

Although I don't have a direct connection to Tullow Church, the area is somewhat significant as my late grandmother Patricia grew up for the most part in a house called 'Algoa', on Westminster Road before she and my great grandparents moved to Kildare; as well as having other family over the years living in the area.

For a long time I have felt God calling me to ministry. I am deeply passionate about the Bible and want God's Word to be shared, taught and preached faithfully everywhere. I see a deep rooted hunger in the world for a relationship with Jesus. I want to see people come to know the Lord in a real, lasting and personal way; and for Christians, young and old, to grow deeper and deeper in their relationship with Jesus as they follow him, read his Word and live out their lives for him in the power of His Spirit.

It is indeed a challenge being apart and especially for me not getting to see people's faces and get to know you all over my time on placement here. Yet it is a privilege to get to read and preach and worship among you. I am reminded by John 4 where Jesus says, in discussing where the correct place of worship is whether Jerusalem or Samaria, "the true worshippers will worship the Father in the Spirit and in truth, for they are the kind of worshippers the Father seeks. God is spirit, and his worshippers must worship in the Spirit and in truth." The challenge at this time is not merely how we worship at home and apart physically from the church (the people of God), but also that we make sure to keep our eyes set on Jesus and know the living water that he has for those who love and follow him.

Tullow Book Club

Strange Flowers by Donal Ryan.

Strange book indeed. Set in Co. Tipperary in the 1970s, the story unfolds in a very deadpan manner, despite the disappearance of Paddy and Kit's only child, and their attempts to find her. They even went as far as Dublin! They ended up doing the only thing they could, and that was pray for her safe return and in the meantime got on with their lives as best they could.

Five years later, Molly returned, followed a couple of weeks later by her husband, Alexander, who was black, accompanied by their son, Joshua. The story takes on a humorous aspect and once again everyone (including the new additions), got on with their lives.

Then we fast forward to the son Joshua, now an adult living in London. This section of the book has a very different feel to it and it is here that we find out

why Molly left so suddenly. Also, this section gives us an update on Paddy, Kit, Molly and Alexander.

The consensus of the club is that the author tried to fit too much into the story.

The book chosen for December/January is *Silent Patient* by Alex Michaelides.

Vera Tanner

Photographic Archive

Over the last few months Ken Gregory has been trawling local history archives for interesting stories and he's certainly found some gems. This month he's turned his attention to our neighbouring parish of Kiltiernan. Thanks Ken - we look forward to the next instalment.

Please have a look in albums, boxes etc and see if you have any photos of people or places of interest to the parish.

Jane Bowes bowesjane91@gmail.com or 086 8418138 if you find any.



Kiltiernan

The modern history of Kiltiernan parish starts in December 1826 when the current church was consecrated.

The ruins of the original church, which can still be seen off the Glencullen road, date back to the 12th or 13th century. In about 1630 the Parish of Kiltiernan was joined to Bray and the old church became ruinous. In 1776 the glebe of Kiltiernan was assigned to the use of the incumbent of Kilgobbin, the neighbouring parish. Kilgobbin Church had been rebuilt on the old pre-Norman site in 1703 and had the distinction of being the first church in Ireland erected after the reformation. (Photograph 3)

This church served the parishioners of both Kilgobbin and Kiltiernan, but in 1818 it was deemed to be too small and in poor repair. Teresa Moss (née Richardson) who was born in 1818 recalled in old age that she attended the church when five years old: "we walked up the grassy bank as the bell tolled swinging in and out through the opening in the spire". The sextoness, in blue and orange shawl, ran up the bank to open the church door. The Rev. George Bellett (1797 - 1886), who lived in Kilgobbin as a boy, wrote "nothing could be more wretched than old Kilgobbin Church in respect of its appearance and what went on in it. The walls were green with damp, the congregation was very scant, the old clerk singing solo and from one year's end to another, the psalm 149, to the same tune, Handel's 104th."

Despite efforts to raise funds to rebuild the church nothing happened and in 1824 it was decided that a new church was to be built at Kiltiernan. It is interesting that the location of the church was more or less equidistant from the locations of those being replaced.

Prior to the new church being built the centre of Kiltiernan was around the top of Barnaslingan Lane near Willis's shop in which one could buy groceries and hardware as well as being the post office. (Photograph 1) Beside the post office was the original schoolhouse (photograph 2) which served the area prior to 1882 when the school beside the church was built. Believe it or not the entrance of the schoolhouse was divided in two with boys entering from one side and girls from the other. This despite the fact that they were educated together!

The current school was built in 1985.

Back in the 18th and 19th centuries a linen mill and a paper mill provided most of the employment in the area but more of that and notable people in the next newsletter.

Ken Gregory



Evergreens Walking Club

Back of Blackrock

As we move into winter, deciduous trees have lost most of their leaves and berries have ripened, particularly holly and pyracantha with large clusters of red and yellow berries which may be a portent of a cold spell to come! So, wrap up well with a hat and scarf and get out walking! Check your phone under '5 km from home' and you can see how far we can actually travel from, say, Tullow Church – from Killiney Hill to the Three Rock Mountain! This month I have suggested a walk in an overlooked part of Co. Dublin, inland from Blackrock Village which is better known for its coastal vistas over Dublin Bay.

The three parks described below can be explored as one circular walk, or individually.

Michael Smurfit Graduate Business College (UCD), formerly Teachers' Training College until 1988. Parking is available locally off Carysfort Avenue or at weekends inside the main gate of the college on Carysfort Avenue. Walk around the inside perimeter of the college while admiring the 19th century buildings which blend with modern blocks. The tree lined paths are attractive and overlook Carysfort Park which was formerly part of the old college grounds. Exit by the main entrance gate. There is a great coffee shop and deli, Platters, almost opposite this gate.

Carysfort Park

The entrance is on Carysfort Avenue beside above college. There is a spacious

green area inside the gate with no playing pitches. This leads to a lake, or duck pond, with a stream flowing through. The furthest point has access to the estates of Avoca and Cloisters which are pleasant to explore. An extension outside the park around by Linden Lea could be considered. Exit this park further up Carysfort Avenue to walk to our final park.

Rockfield Park

Cross Carysfort Avenue and enter this park by Avondale Lawn and Avondale Court. There are other entrances through the Guardian Angels Church on Newtownpark Avenue (free parking at weekends), off Temple Hill and lower down off Carysfort Avenue. This is a long park with playing fields and a fine tennis club. A feature at the upper end are a couple of granite tors, climbable, which look out of place in the suburbs of Blackrock. Exit onto Temple Hill and turn left to get back to Carysfort.

Finally, Christmas is coming when we can all stop to admire Christmas trees and decorations in the many houses in the parish. I look forward to meeting all Evergreens when, hopefully, we are able to get out into Dublin and Wicklow without restrictions in 2021! Keep walking and a healthy new year.

Donald Gill



Christmas is a time when many healthy eating habits temporarily disappear but here's an easy recipe for a tasty healthy start to the day - even if that start is 11am! So much better for your arteries than Christmas pudding fried in butter for breakfast (yes we know someone who used to do that 😊).

This comes via Alan Rhodes, who makes it regularly, but it's actually from <https://www.completepersonaltraining.ie/> in Dalkey.

Breakfast Muffins

Depending on size of ovenproof dishes e.g. ramekin dishes/silicone (muffin) moulds, this recipe should make enough mixture to provide one muffin per person per day for a week.

Ingredients:

1 onion diced (white/red according to personal choice)

6 bacon medallions (e.g. SuperValu healthchoice variety) cut into approx. 1cm squares

1 red pepper diced

2 medium tomatoes diced

8-10 beaten eggs depending on size, seasoned with salt and pepper to taste

Half block goats/sheep's feta cheese diced

Method:

Using small amount of quality cooking oil fry the onion gently until soft but not browned.

Add and fry the diced bacon medallions on a medium heat.

Add and fry the pepper and tomatoes on a medium heat and continue to fry until partially cooked.

Add the diced feta cheese and spread throughout the fried ingredients and remove frying pan from the heat.

Add the beaten egg to the mix in the frying pan and gently stir all ingredients.

Spoon mixture evenly into ovenproof dishes.

Place in pre-heated oven at 180 degrees Celsius for between 25-30 minutes or until lightly browned on top.

When cooked, remove from oven and allow to cool

Muffins will keep in a fridge for up to a week and may be reheated in a microwave (750w) for 90 seconds.

Alan Rhodes



So you've had a healthy tasty breakfast muffin for brunch but you still need a treat to go with the tea or coffee. You can't beat Vera Tanner's recipe for being easy to make and very moreish.

Almond and Apricot Squares

Base:

160gr. plain flour

Pinch salt

40gr. caster sugar

110gr. butter cubed

1-2 tsp. water as required

Topping:

75gr. apricot jam

50gr. flaked almonds

60gr. ground almonds

100gr. icing sugar

1 egg white

½ teasp. almond essence

Method:

Preheat oven to 170 deg celsius. Lightly grease and line a 20cm by 20cm baking tin. In a food processor, mix together flour, salt, sugar and butter. Add water if mixture appears dry. Should resemble breadcrumbs. Press into baking tin. Bake in oven for 20 minutes approx..Remove from oven and set aside to cool in tin.

When base has cooled, spread apricot jam over surface of base.

Whisk egg white until it forms stiff peaks. Add in sieved icing sugar and ground almonds. Fold in. Add almond essence and flakes. Spread over apricot jam. Return to the oven for a further 12 minutes or until topping is slightly golden in colour. Once baked, remove from oven and allow to cool before cutting into squares.

Vera Tanner

Extract from Minutes of Select Vestry Meeting 9th November

The majority of items discussed at the above meeting are reported on elsewhere in the newsletter.

Christmas Fun in Foxrock

FACE (Foxrock Area Community and Enterprise) has organised a Christmas Scavenger Hunt for children on 12th and 13th December. The Halloween Scavenger Hunt was very popular so bring your little ones and enjoy the fun.



CHRISTMAS SCAVENGER HUNT

Santa has also organised a **Christmas Scavenger Hunt** on **Saturday 12th** and **Sunday 13th December** from **2pm to 4pm**.



Families will need to locate Santa's nine reindeers on selected roads and three scavenger items on Joyce Green. Once all items are located, Santa has arranged for each child to collect a little gift from his elves in Foxrock Car Park between 4.00pm and 5.00pm on the same days **(details to follow early December!)**.

Christmas Shopping Locally

At time of writing shops are due to open on 1st December so please think about supporting the shops and other businesses in Foxrock Village which is looking so pretty and Christmassy thanks to FACE (Foxrock Area Community and Enterprise) and funding from Dún Laoghaire-Rathdown County Council. A FACE newsletter will be distributed shortly to every household in the area and will have information about the businesses (and Tullow) and many special offers. If you don't receive a printed FACE newsletter check out <http://foxrock.ie/>

Teen Corner

This time of year, and this year in particular, we wish you all a very happy and healthy Christmas. It will be the end of a difficult year but hopefully in the second half of next year things will return to what we were used to before COVID-19 came to visit.

Enjoy this quieter Christmas and look forward to things getting better in 2021.

Happy New Year 😊



Remembrance Garden

The Remembrance Garden is always a haven of peace and tranquility and it's a facility of which we can be proud. Don't forget that the right to burial there is available to parishioners for €1,500 and a limited number of spaces for non-parishioners are available at €2,500. Please consider telling your friends and family about this oasis of peace. Contact the Rector if you're interested.

Website, Facebook & Instagram

The parish website www.tullowdublin.org and our Facebook page (search for Tullow Parish) are kept up to date by Alan R and, thanks to Samm, they are widely promoted - the effectiveness of this is illustrated by the very impressive viewing figures for the online Services.

Thanks are due to all these people who help to keep Tullow an active, vibrant parish. Let the Rector know if you would like to contact any of them.

Rector: Rev John Tanner 086 3021376

Lay Minister: Alan Rhodes

Rector's Church Warden: Leslie Ruttle

People's Church Warden: Ken Gregory

Rector's Glebe Warden: Ernie Porter

People's Glebe Warden: Chris Wojnar

Pastoral Assistant: Patricia Stewart

Organist: Dr Paul McNulty

Parish Treasurer: Don Beck

Select Vestry Secretary: Jane Bowes

Readers & Coffee Rota: Barbara Cooper

Connect Group & Clevis Drivers Rota: Jennifer Sowman
Wednesday Coffee: June Hayes
Parish Newsletter: Jane Bowes
Parish Hall Bookings: Jennifer Sowman
Parish Hall Committee: Rev John Tanner, Barbara Cooper, Bob Willis, Paddy Bowes
Flower Rota: Sandra Ruttle
Church of Ireland Review: Jill Malcolm
Badminton: Paddy Bowes
Bowls Club: Jonathan Morton
Tullow Friends: Cleo Ellis
Tullow Book Club: Vera Tanner
Altar Linens: Vera Tanner

Welcome to the email edition of the Tullow Parish newsletter. This is a very active parish so there's lots to report each month. We would really appreciate feedback - both critical and otherwise on the email edition.

Email tullowdublinnewsletter@gmail.com

Please forward to other members of your family



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